

All,

With the upcoming holiday weekend and the start of the DoD combined services "101 Critical Days of Summer" campaign, I would like to remind you of some facts.

- Last summer the DoD family lost 32 Sailors, 20 Marines, and 21 Airmen to off duty mishaps.
- Private motor vehicles (both cars and motorcycles) led the way in these fatalities. Off road vehicle fatalities came in second and drowning came in third. Alcohol was involved in over 50% of all of these mishaps.
- There were also hundreds of off-duty recreational injuries that could have been avoided if planning ahead had been part of the activity.
- No matter what activities you are involved in or with whom you will be doing them, you need to plan and apply Operational Risk Management to each one of these activities.
- When it comes to you, your family, and friends, I ask each and every one of you to use all resources available to plan properly and avoid unnecessary mishaps. These resources include your wing and squadron leadership and the safety staff.
- Remember to use prevention and caution in all of your activities. Below are links to useful information and resources to assist in your planning.

Enjoy your time off this weekend and throughout the summer with your family and friends. Each of you are an irreplaceable national asset. Please take care of yourselves as such!

Warmest regards,
Commodore

<http://www.safetycenter.navy.mil/seasonal/summer09/index.asp>

http://afsafety.af.mil/SEG/101Days/2009_101_days/101Days_09.shtml