FLIGHT TRAINING INSTRUCTION

INSTRUMENT AND NAVIGATION
ADVANCED PHASE
TH-57

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1. CNATRA P-458 (Rev. 09-14) PAT, "Flight Training Instruction, Instrument and Navigation, Advanced Phase, TH-57C" is issued for all information, standardization of instruction, and guidance to all flight instructors and student military aviators in the Naval Air Training Command.

2. This publication is an explanatory aid to the Helicopter curriculum and shall be the authority for the execution of all flight procedures and maneuvers herein contained.

3. Recommendations for changes shall be submitted via CNATRA TCR form 1550/19 in accordance with CNATRAINST 1550.6 series.

4. CNATRA P-458 (Rev. 04-11) PAT is hereby cancelled and superseded.

M. B. TATSCH
By direction

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INTRODUCTION

Congratulations! Assuming your familiarization flights are complete, you are now entering a new phase in flight training: advanced navigation. Learning to safely fly the helicopter is no small feat. However, learning to operationally fly the helicopter from point A to point B in poor weather conditions, day and night, is not only a fundamental skill required in naval aviation, it also defines a professional naval aviator. As you progress through flight training, more demand will be placed on your overall flying abilities (aviation, navigation, and communication skills) not to exclude situational awareness, Crew Resource Management (CRM) and decision-making processes. Overall, your goal is to successfully complete this phase of flight training and earn your Standard Instrument Rating, a major step toward earning your wings of gold.

SCOPE

This publication contains maneuver descriptions encompassing the Instrument and Navigational events for both aircraft and simulator listed in the Advanced Multi-Service Pilot Training System Curriculum (CNATRAININST 1542.156 series). However, it does not contain maneuver descriptions previously covered in other FTI publications, such as the Contact FTI. It is your responsibility to have a thorough knowledge of the contents within all FTI syllabuses.

CHANGE RECOMMENDATIONS

Change recommendations to this publication may be submitted by anyone to the Commander, Training Air Wing FIVE, a process which improves training curricula and its associated training publications. This includes all personnel involved at every level of flight training. A Training Change Request (TCR) form should be completed and submitted for routing to the standardization office of your respective squadron. Remember, no TCR is too small!
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100. INTRODUCTION

Helicopter tactics are an integral part of the fleet aviator skill set and contribute greatly to mission accomplishment. The maneuvers you will be introduced to in the following sections are the foundation that all military operational tactics are built upon. You will learn more specific tactical maneuvers upon reaching your specific airframe.

101. TERRAIN FLIGHT

Application

1. Terrain Flight (TERF) entails those tactical flights in which the intent is to fly at or below 200 feet AGL. TERF is the employment of aircraft in a manner to utilize terrain, vegetation, and manmade objects to enhance survivability by degrading the enemy’s ability to visually, optically, and electronically detect or locate the aircraft.

2. TERF is flying close to the earth's surface using low-level, contour, or Nap-Of-the-Earth (NOE) flight techniques to counter an enemy's capability to acquire, track, and engage the aircraft. Three types of terrain flight are:

   a. **NOE** flight is flown as close to the earth's surface as vegetation and obstacles permit. It is characterized by varying airspeed and altitude as influenced by terrain, weather, ambient light, and enemy situation. Typically airspeed varies from 0 - 40 knots and altitude from 10 - 50 feet above terrain.

   b. **Contour** flight is flown at low altitude conforming to the contour of the earth's surface. It is characterized by varying airspeed and altitude as vegetation and obstacles dictate. Minimum recommended altitude for contour flight is 50 feet AGL.

   c. **Low-level** flight is flown at a selected altitude at which detection along the route is avoided or minimized. The flight route is pre-selected and flown at a constant airspeed and indicated altitude. This type of terrain flight is the only type authorized for training purposes.

Procedures and Maneuver Descriptions

1. **Crew Resource Management (CRM)**

CRM is a prerequisite for safe, effective terrain flight. It is used to establish individual pilot responsibilities and to organize cockpit duties.

   a. The Pilot At the Controls (PAC) has two primary responsibilities: controlling the helicopter and avoiding obstacles. He must keep his vision outside the helicopter and
avoid distractions, particularly cockpit related duties. He should report terrain and landmark information to the copilot to assist in navigation. He retains control of the helicopter during aircraft or system emergencies and executes the pilot emergency procedures.

b. The Pilot Not At the Controls (PNAC) is primarily responsible for accurate navigation. He must remain oriented at all times, monitor cockpit instruments and perform assigned cockpit duties as briefed. During an aircraft or system emergency, he executes the emergency procedures as briefed by the pilot.

c. For training purposes, low-level flights shall be conducted only on designated routes. Flights shall be conducted at 60 - 100 KIAS at an altitude no lower than 200 feet AGL. The instructor pilot should be at the controls with the Student Military Aviator (SMA) navigating during the low-level navigation segment of the flight. SMAs should check the flight schedule the day before the event for the route assignment. Most training flights require the SMA to give the preflight brief. The instructor pilot shall brief the route for the first flight in the navigation block. Prepare both a NATOPS brief and a mission brief prior to the scheduled brief time. See Figure 1-4 for brief card and example of brief.

d. When encountering IMC at low level, PAC and PNAC promptly establish an instrument scan. (Situational Awareness).

2. Route Selection

When selecting a route, the aircrew is planning detection avoidance and must maximize the use of cover and concealment. Criteria to consider includes: location of enemy, and their capabilities. Routes should be planned to keep higher terrain or thicker vegetation between you and the enemy. Avoiding dense population or linear manmade features is advisable.

Checkpoints (CPs) should be terrain features rather than manmade objects. This is because manmade features are subject to change or destruction. Newly constructed features may be confused for intended CPs.

3. Maps and Aerial Preparation

It is very important to perform a complete map study prior to attempting low-level navigation. Go over the route of flight mentally and attempt to visualize the flight path. Certain essential items must be drawn on the map to aid in navigation. Different types of maps may be used depending on the mission or the phase of the mission. The different types of maps include:

a. VFR Sectional - 1:500,000 updated frequently but not very detailed. Not good in the TERF environment.

b. JOG (Air) - 1:250,000 uses latitude/longitude markings and UTM features but not updated regularly or effective in the TERF environment.
c. Tactical Map - 1:50,000 very detailed. Used for TERF environment. Used no less than 5 NM from objective area.

When transitioning from one map to another, a Map Changeover Point is used. This must be a feature easily identifiable on both maps.

Other charts may be used as needed. During the N40 Block you will use the JOG (Air) and various 1:50,000 maps.

A checkpoint (CP) is an easily identifiable point and provides positive control and coordination during the flight. These points define the intended flight path or route. CPs may be marked on the map with a circle around the feature. If aerial photographs are available of CPs or the route of flight, it is to the navigator's advantage to study them. They will help in recognizing or identifying selected points.

Course lines shall be drawn to denote the desired ground track between CPs.

Magnetic headings shall be written by the course lines to provide the general aircraft heading for each leg of the route. Grid magnetic angle must be converted to magnetic headings for the course. Additionally, put the reciprocal heading on the map as the route may be flown in the reverse direction.

Mileage tic marks may be used to assist in range estimation while traveling along the course. A pencil mark drawn to bisect the course line every one nautical mile works best.

Time tic marks may be used to assist in dead-reckoning navigation when identifiable terrain features are not available. Use one or two minute intervals; the distance between the time tic marks is dependent on groundspeed.

An intermediate CP is a landmark selected along the flight route and used to verify aircraft position. An intermediate CP should be a unique feature or group of features easily recognizable.

A large-scale map is normally used for terrain fight. Fold the map so the navigator may follow the helicopter's position along the route of flight while transferring from one fold of the map to the next.

4. Low-level Navigation

a. Of the three modes of terrain flight, low-level flight is the easiest. The navigator can more readily identify shapes, which are depicted on the map. NOE and contour flight techniques will not be discussed. The fleet pilot should consult the appropriate tactical manual.

b. Proficient navigation during low-level flight requires training and practice. Identifying CPs is the critical task, since this requires the navigator to be proficient in
map reading, terrain interpretation, and correlation of terrain features with map symbols. He must be able to visualize from the map how the terrain along the flight path should look. He must also be able to look at the terrain, identify his location, and locate it on the map.

c. Visual scanning is the ability to promptly and effectively recognize reference points in the field of vision. To scan visually, the pilot must first have some idea of what he will see. That is why CP and intermediate CPs must be thoroughly characterized before the flight, however, the pilot must be prepared for the terrain to look differently than as planned and adjust as necessary. It is also important that the pilot not focus only on close features, but to scan from the big picture (or distant) terrain, to the smaller (closer) picture terrain.

d. The navigator should relay information to the PAC to enable the pilot to maintain an outside scan. Providing information to the PAC is not just a running commentary about what you are “looking for”. It is finding recognizable terrain features determining if you are on course and time and positively directing the PAC how to fly. To correct the navigator should employ the following techniques:

i. Provide the pilot with guidance in small increments. Such information need not be provided beyond the next turning point. To prevent confusion at a turning point, use several terrain features if available to identify the point.

ii. Provide heading information in such a manner that the pilot does not have to focus his attention in the cockpit. He should be told to turn to a "clock" position or to a recognizable terrain feature. Use instructions such as "turn left, stop turn" to tell the pilot what to do to stay on course.

iii. If airspeeds need to be changed or adjusted, the navigator should tell the pilot to increase or decrease as applicable. Do not give the pilot a specific airspeed requiring him to constantly scan the cockpit.

5. **Low-level Aircraft Flight**

To perform terrain flight safely, you must maneuver the helicopter using precise flying techniques. Aircraft control is more critical than when flying at altitude because the aircraft is flown very close to terrain and hazards. You must be aware of the dimensions of the aircraft and the time required for the aircraft to respond to control inputs.

Aircraft handling also involves your ability to judge obstacle clearance. You must be able to quickly and accurately decide when to go over obstacles rather than between them.

6. **Flight Safety**

Safety is of paramount importance during Low-level flight. A master hazard map is posted in PUBS Issue, which indicates current hazards that are not depicted on the chart. Hazards must be
accurately drawn on the chart prior to the mission brief. The following flight safety factors must be considered:

a. Wire hazards, such as power lines and communication wires, must be considered. To prevent wire strikes, the pilot shall study a detailed map of the operating area to identify and mark wire hazards. Visual clues to wire locations during flight are:

i. A swath through vegetation,

ii. Poles, and

iii. Wires along roads, near towers and in the vicinity of buildings.

1) Once wires have been located, the safest technique for crossing them is to **OVERFLY THE POLE** since it is more easily seen. Fly at an air speed slow enough to provide adequate time to see wires and react.

2) Bird strikes can also damage the helicopter. A good rule-of-thumb is to not try to avoid birds unless they are in a large flock. Generally, birds will try to avoid the helicopter. To guard against personal injury, keep your visor down.

The PAC must keep his head out of the cockpit for hazard avoidance.

b. Flight into the sun is very hazardous when it is low on the horizon and should be avoided whenever possible. Thermals also pose a hazard if the pilot does not respond or anticipate a loss of altitude.

c. Certain emergencies, such as an engine failure or tail rotor drive/control failure, are far more critical during terrain flight. Pilots must constantly review such emergencies to satisfactorily cope with the emergencies during terrain flight.

7. **Effects of Adverse Weather**

a. Ceiling and visibility are the two aspects of adverse weather that most affect the ability of the pilot to conduct terrain flight. Low ceilings and reduced visibility can be assets when flying in a threat environment since they reduce detection.

b. Visibility is the primary limiting factor that will determine whether the flight can be conducted. Adequate visibility is required on takeoff, enroute, and in the area. During the course of the flight, the most important considerations are maintaining both visual reference with the ground and airspeed sufficient to avoid obstacles. Anytime visibility is reduced, airspeed may be decreased to provide the added response time required to avoid obstacles.
8. Use of Global Positioning System

The Global Positioning System (GPS) is an excellent tool for navigation. In some areas of the world where terrain features are limited or over water it may be your best/only source of information. However, it has its limitations. If satellite reception is inadequate, control points are programmed incorrectly or the GPS receiver fails etc., the aircrew must rely on their navigation skills.

a. A good pilot is constantly honing his navigation skills using pilotage, dead reckoning and navigation aids such as the GPS.


9. Navigation Parameters

a. The low-level navigation flights are designed to introduce the aviator to the problems associated with navigation at 200 feet AGL on large-scale maps.

b. The SMA shall maintain orientation along the route and with each CP. Airspeed should be adjusted accordingly to maintain orientation. In the event the aircrew becomes disoriented, a climb to a minimum of 500 feet AGL is required until established back on the route.

c. The SMA shall be ± 2 minutes of timing starting from the first CP and ending with the last CP. Adjusting airspeed, delaying time to CP, and holding are permitted to meet timing. With sufficient time and CPs remaining, adjusting airspeed is the preferred method to get back within the 2-minute time constraint. If the SMA recognizes the fact that adjusting airspeed alone will not allow for sufficient time to get within parameters, then the IP can elect at the request of the SMA to delay the time to the CP.

102. 360° TACTICAL APPROACH

Maneuver Description

When selecting a tactical landing area, use criteria discussed in Chapter 17 of reference (f). Other tactical criteria to be considered include enemy capabilities and location, requirements for logistic support, fire support, available helicopter lanes to and from the landing area, and ease of identification from the air. These items will need to be considered when deciding which type of approach you will use.

Procedures

1. From the deck, start the maneuver with either a transition to forward flight or a no hover takeoff.
2. At 100 feet AGL, use a smooth, coordinated, climbing turn towards downwind to commence the pattern, utilizing 30 – 45 degrees angle of bank (AOB). This AOB should bring the aircraft inside the downwind of a normal approach pattern.

3. Fly the pattern at 200 feet AGL and 80 KIAS.

4. Initiate the maneuver directly over, or slightly before, the intended landing point, remaining at 200 feet and 80 KIAS.

5. Commence a smooth, coordinated turn utilizing 30 – 45 degrees AOB to arrive at the 180° position, holding 200 feet and 80 KIAS.

6. From the 180° position, start a descending, decelerating, coordinated turn to arrive at the 90° position at 150 feet and 60 KIAS.

7. From the 90° position, continue the descending, decelerating, coordinated turn to intercept final at 100 feet and 45 – 55 KIAS. Visualize and maintain the glideslope and rate of closure to the intended point of landing. Glideslope should not exceed 45°.

End the maneuver utilizing a vertical or no hover landing.

**CAUTION**

The radar altimeter is unreliable in a steep AOB.

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**Figure 1-1 360° Tactical Approach**
Amplification and Technique

1. Maintain balanced flight throughout the pattern until intercepting the final courseline, at which time it may be necessary to use “wing down, top rudder” to maintain a straight final approach course.

2. Rate of closure and descent must be controlled, arriving over the intended landing point for a vertical or no hover landing.

3. AOB can be constant or vary between 30 – 45 degrees, realizing the more AOB used the tighter the pattern, power required increases and more coordination is needed to arrive at the intended point of landing.

Common Errors and Safety Notes

1. Turning for downwind prior to reaching 100 feet.

2. Ballooning above pattern altitude or not reaching 80 KIAS.

3. Using AOB other than what is required for the approach, or exceeding NATOPS AOB limitations.

4. Getting too shallow or steep on final, causing excessive collective, cyclic, and pedal movements, putting the aircraft in a potential overtorque situation.

5. Not acquiring and maintaining a vigilant scan to avoid all obstacles.

103. 180° TACTICAL APPROACH

Maneuver Description and Technique

This section describes the 180° tactical approach. The same criteria used in selecting the zone and approach method for the 360° tactical approach apply.

Procedures

1. From the deck, start the maneuver with either a transition to forward flight or a no hover takeoff.

2. At 100 feet AGL use a smooth, coordinated, climbing turn towards downwind to commence the pattern, utilizing 30 – 45 degrees AOB. This AOB should bring the aircraft inside the downwind of a normal approach pattern.

3. Fly the pattern at 200 feet AGL and 80 KIAS.
4. Initiate the maneuver from the 180° position. Start a descending, decelerating, coordinated turn to arrive at the 90° position at 150 feet and 60 KIAS.

5. From the 90° position, continue the descending, decelerating, coordinated turn to intercept final at 100 feet and 45 – 55 KIAS. Visualize and maintain the glideslope and rate of closure to the intended point of landing. Glideslope should not exceed 45°.

6. End the maneuver utilizing a vertical or no hover landing.

**CAUTION**

The radar altimeter is unreliable in a steep angle of bank.

![Diagram of 180° Tactical Approach](image)

**Figure 1-2 180° Tactical Approach**

**Amplification and Technique**

1. Maintain balanced flight throughout the pattern until intercepting the final courseline, at which time it may be necessary to use “wing down, top rudder” to maintain a straight final approach course.

2. Rate of closure and descent must be controlled arriving over the intended landing point for a vertical or no hover landing.
3. AOB can be constant or vary between 30 – 45 degrees, realizing the more AOB used the tighter the pattern, power required increases and more coordination is needed to arrive at the intended point of landing.

**Common Errors and Safety Notes**

1. Turning for downwind prior to reaching 100 feet.
2. Ballooning past pattern altitude or not reaching 80 KIAS.
3. Using AOB other than what is required for the approach or exceeding AOB limitations.
4. Getting too shallow or steep on final, causing excessive collective, cyclic and pedal movements, putting the aircraft in a potential overtorque situation.
5. Not acquiring and maintaining a vigilant scan to avoid all obstacles.

**104. 90° TACTICAL APPROACH**

**Maneuver Description**

This section describes the 90° tactical approach. The same criteria used in selecting the zone and approach method for the 360° and 180° tactical approaches apply.

**Procedures**

1. From the deck, start the maneuver with either a transition to forward flight or a no hover takeoff.

2. At 100 feet AGL, use a smooth, coordinated, climbing turn towards downwind to commence the pattern, utilizing 30 – 45 degrees AOB. This AOB should bring the aircraft just inside of a normal approach pattern.

3. Fly the pattern at 200 feet AGL and 80 KIAS, utilizing a downwind with approximately 135° of heading change vice 180° as in the 360° and 180° tactical approaches.

4. From the 180° position (utilizing CRM to judge a distant abeam), start a descending, decelerating, coordinated turn for a 150 feet base leg, slowing to 60 KIAS, arriving at the 90° position at 150 feet and 60 KIAS.

5. Initiate the maneuver from the 90° position with a descending, decelerating, coordinated turn to intercept a final with 100 feet and 45 – 55 KIAS. Visualize and maintain glideslope and rate of closure to the intended point of landing. Glideslope should not exceed 45°.

6. End the maneuver utilizing a vertical or no hover landing.
CAUTION

The radar altimeter is unreliable in a steep angle of bank.

Figure 1-3 90° Tactical Approach

Amplification and Technique

1. Maintain balanced flight throughout the pattern until intercepting the final courseline, at which time it may be necessary to use “wing down, top rudder” to maintain a straight final approach course.

2. Rate of closure and descent must be controlled, arriving over the intended landing point for a vertical or no hover landing.

3. AOB can be constant or vary between 30 – 45 degrees, realizing the more AOB used the tighter the pattern, power required increases and more coordination is needed to arrive at the intended point of landing.

4. Utilizing a modified downwind (as shown in Figure 1-3) will aid in the proper set up for a base leg, therefore simulating an approach from a 90° position.

Common Errors and Safety Notes

1. Turning for downwind prior to reaching 100 feet.

2. Ballooning past pattern altitude or not reaching 80 KIAS.

3. Using AOB other than what is required for the approach, or exceeding AOB limitations.
4. Getting too shallow or steep on final, causing excessive, cyclic and pedal movements, putting the aircraft in a potential overtorque situation.

5. Not using an angled downwind, which may not allow for proper set up for a 90º turn in for the approach.

6. Not acquiring and maintaining a vigilant scan to avoid all obstacles.

105. CONDUCT OF FLIGHT PROCEDURES

Any mission may be divided into four phases: Planning, Brief, Execution and De-Brief.

1. Planning - All flight preparation from the receipt of the mission order to the delivery of the mission brief.

2. Brief - Mission Commander’s plan to accomplish the mission.

3. Execution - Mission Commander’s plan in action.

4. De-Brief - Analysis of the successes/failures of the previous 3 phases.

106. MISSION PLANNING PROCEDURES

The Mission Planning phase includes all the tasks that must be completed for a successful brief and mission. In fleet operations, Mission Planning always begins with the Mission Analysis, or the mission commander’s study of the assigned mission.

107. CHART PREPARATION

Chart preparation is the first essential task that must be completed. There are two important considerations in chart preparation: size and detail. Size is an important consideration because the chart should be big enough to include as much of the terrain features and obstacles around the route as possible, yet it must be manageable in the cockpit. Detail is also an important consideration because the route and other important navigational aids need to be drawn on the chart without covering information that could assist in navigation. In a fleet environment, larger cockpits and chart lamination alleviate some concerns with chart preparation. In order to address these considerations in our TH-57 training environment, we prepare the chart in the following specific manner:

Required Equipment:

1. Charts

2. Straightedge

3. Protractor (capable of identifying grid locations)
4. Stencil (capable of making doghouses, circles, triangles)

5. Scotch Tape

6. Scissors

7. Ultrafine Tip Marker (red)

8. Fine Tip Markers (red, blue and black)

**Step 1.** Tape the charts together using scotch tape.

JOGAIR (1:250,000) - Ensure Lat/Long and terrain features match up.

1:50,000 - Ensure the gridlines and terrain features match up to the max extent possible.

**Step 2.** Chum all the obstacles on the chart using an ultrafine tip red marker.

Towers should be marked with a \[\text{450} \] and the elevation in feet AGL at the base.

Powerlines should be marked with an ultrafine tip red marker.

Use CHUM Manual, PFPS, VFR Sectional and JOGAIR for updated obstacles not on 1:50,000 charts.

**NOTE**

All Elevations on 1:50,000 charts are in meters and must be converted to feet.

**Step 3.** Chum airspaces on chart.

Airspaces (Class “C”) shall be chummed using a fine tip blue marker designating the boundaries of the airspace. Measure the 5NM and 10NM circles using a compass and create a cardboard cutout for JOG-AIR chart production.
Prohibited Areas, Restricted Areas and No-Fly Areas shall be chummed using a fine tip red marker designating the boundaries of the airspace with parallel lines through the middle of the airspace.

Figure 1-5 Boundaries of the Airspace

All airspaces should include the name of the airspace and altitude limitations.

**Step 4.** Cut charts down to size.

The chart should be cut to a manageable size, but not so small that important details are lost from the chart. A good rule of thumb is to keep six grid squares as a border between the checkpoints and the edge of the chart. The six grid squares provide 3.6 miles of important terrain/manmade features that could assist in navigation if disoriented. Also, if the grid numbers are listed within +/- one grid, the grid numbers should be kept to assist with navigation. Additionally, the chart should be cut in order to leave the grid numbers and lat/long information on the side of the chart.
Step 5. Place marginal information on the chart.

JOGAIR

Front side – Scale should be on the front of the chart in a location that does not cover other important details. The appropriate Low-Level Navigation Checkpoint Table from Appendix A of the RWOP should be added, as necessary. Every second line should be highlighted with pink highlighter to facilitate the reading of the table. Back side – All other marginal information.

1:50,000

Front side – Scale and Magnetic Deviation should be on the front of the chart in a location that does not cover other important details. The appropriate Low-Level Navigation Checkpoint Table from Appendix A of the RWOP should be added. Every second line should be highlighted with pink highlighter to facilitate the reading of the table.

Back side – All other marginal information. Only one legend is needed, but coordinate conversion information, adjoining sheets, name, scale and addition (Crestview, Florida 3645 I V747 Edition 6-NIMA) should be placed on the chart for each map used.

NOTE

If using more than one 1:50,000 chart and there is a discrepancy between the maps’ marginal information, use the most current data.

Step 6. Place route (if applicable), name and date on the chart.

Do not cover up important terrain features. Over water is a good place to write this information, if able. If lamination is available, this information should be under the lamination.

1:250,000 JOGAIR:
PREPARED BY LTJG SMITH
16 MAR 09

1:50,000:
ORANGE ROUTE
PREPARED BY 1stLt JONES
25 JAN 09

Step 7. Laminate chart (if available).

Step 8. Use Joint Mission Planning System (JMPS) to plot entire route of flight. Route should be planned using course rules from NAS South Whiting Field to the 1st checkpoint on the route, 1st checkpoint to last checkpoint on the route, from the last checkpoint to the NOLF and from the NOLF course rules back to NAS South Whiting Field as directed in the RWOP. Airspeed for course rules from NAS Whiting Field to the first checkpoint on the route, from the last checkpoint on the route to the appropriate NOLF and from the NOLF to NASWF using course
rules as directed in the RWOP shall be 100 kts. Airspeed from 1st checkpoint to the last checkpoint on the route shall be 90 kts. Twenty minutes of TLAs shall be planned at the NOLF.

**NOTE**

In order to obtain accurate fuel planning from JMPS, adjustments in airspeed will have to be made in the Combat Flight Planning Software (CFPS). Aircraft configuration will have to be changed to calculated, required fuel at takeoff.

NASWF→(100 kts)→1st Route CP→(90 kts)→Last Route CP→(100 kts)→NOLF (20 mins)→(100 kts)→NASWF.

Print two copies. One copy will go to instructor and retain one copy for planning purposes.

**NOTE**

NVG low-level navigation routes are flown at 100 kts throughout. Step 9 is not necessary for NVG events.

**Step 9.** Use JMPS to plot the specific low-level navigation route using 90 kts. Route should be planned from the first checkpoint on the route to the last checkpoint on the route.

1st Route Checkpoint→(90 kts)→Last Route Checkpoint.

Print one copy. This copy is for SNA to calculate route timing.

**Step 10.** Place the route checkpoints (CPs) and landing zones (LZs) on the chart. Plot CPs with the protractor and mark them with a circle. Route CPs are marked with a circle about the size of a nickel using a fine tip black marker. Course rules CPs are marked with a smaller circle about the size of a dime using a fine tip black marker. LZs (OLFs) should be marked with a triangle using a fine tip black marker. The size of the triangle should be approximately the same size of the route CP circles.

**Step 11.** Place map changeover points (MCPs) on the chart. MCPs will be required anytime the navigation event uses more than one chart. The MCP is a segue way from one chart to the next. If required, study the charts and choose a MCP for the route. A MCP should be a terrain or man-made feature that is easily identifiable on both charts. Additionally, it should be far enough away from the last CP on the first chart and the first CP on the next chart that time is allowed to switch charts without loss of orientation. Three miles (5 grid squares on a 1:50,000 chart) is a good rule of thumb, but is not always practical.
NOTE

This is only a consideration on flights flown initially using the JOGAIR, then transitioning to the 1:50,000 charts. If only using the JOGAIR, MCPs are not used.

MCPs are marked with a circle about the size of a nickel using a fine tip black marker with the letters “MCP”.

![MCP Diagram]

**Figure 1-6 MCP**

**Step 12.** Connect the CPs. Use a single black line drawn from center mass of one checkpoint to center mass of next checkpoint.

![Checkpoints Diagram]

**Figure 1-7 Checkpoints**

**Step 13.** Label the CPs, MCPs, and LZs. Route CPs should be labeled using the number of the CP and a brief physical description, i.e., 1. McDavid Intersection.

Course rules CPs should be labeled using a simple description, i.e., “Pt Pond” or “Deaton Bridge”.

LZs should be labeled with the name of the OLF or airfield, i.e., “Bay Minette” or “NOLF Harold”.

**Step 14.** Identify the CP used to determine Bingo Fuel. The CP used to determine Bingo Fuel should be highlighted with pink highlighter marked with an arrow from the CP pointing in the direction of the magnetic azimuth to the appropriate course rules arrival CP. A box next to the CP should be placed on the chart with the name of the course rules CP, magnetic heading, distance and time. This should be highlighted with pink highlighter as well. Max range airspeed (approximately 115 KIAS, see NATOPS Chapter 26) shall be used for calculating time from the CP used to determine Bingo to the nearest course rules CP for NASWF.

![Figure 1-8 Bingo](image)

**NOTE**

Do not highlight the CP and box if chart is laminated.

**Step 15.** Place doghouses on the chart. Doghouses should not be used for the checkpoints from NASWF to the route, only on the route itself. Place the doghouses between the appropriate checkpoints and position them as best as possible not too close to the route or covering important features you may need to see. Doghouses shall contain the following information: Magnetic Heading, Distance between CPs, Leg Time, Total Time, Fuel State and Reverse Magnetic Heading. Use a fine tip black marker.
Additional Chart Preparation Considerations

1. Each student is responsible for preparing his own chart for each route.

2. Neatness is important. Straightedges and stencils should be used. Charts should not be messy or sloppy. Remember in a combat situation, good map preparation could be a lifesaver while sloppy chart preparation could detract from your situational awareness.

3. Charts should be prepared for the worst possible flight conditions such as low light level on NVGs. Again, a fine balance exists between using marks that are too thin to be seen at night and too thick that they cover important navigation features.

4. Instructor will take charts at the completion of the flight.

**NOTE**

Based on instructor judgment, SNA may keep charts that will be used for other syllabus training events.

108. MISSION BRIEFING PROCEDURES

1. All fleet missions are preceded with a mission brief. The brief can range from a very simple, short discussion to a complex multimedia presentation involving several different aircraft, combat elements and supporting elements.

2. The following is an example of a mission brief for the Low-Level Navigation syllabus. The format of the brief is the OSMEAC Format (Orientation, Situation, Mission, Execution, Administration and Logistics, Command and Signal). The Formation and Night Tactical Stages will use a similar, but more extensive, form of this brief.

3. This briefing guide (Figure 1-10) shall be used when preparing the Low-Level Navigation flights. The information does not need to be memorized word for word, but it needs to be
presented in the same order and flow as below. The SNA can use the kneeboard sized briefing guide as an aid during the brief. Information encapsulated by arrows (<> is not covered in the brief, it is amplifying information only and is included for SNA knowledge of fleet procedures.

“Attention to brief. I am (Rank & Last Name). Please hold all questions to the end.”

Orientation

Time Hack – Obtain the accurate time prior to the brief from the Naval Observatory Master Clock by calling (202)762-1401 or DSN 762-1401.

Time Hack shall follow the below format:

“Orientation – Time Hack - In one minute the time will be 1545L.”
“Thirty seconds to hack.”
“Ten seconds to hack.”
“5, 4, 3, 2, 1, hack. At the hack, the time was 1545. If anyone requires an additional time hack, see me after the brief.”

Aircraft Assignment

“We will be in aircraft______ on spot_____. ”

Call Sign

“Our call sign today will be Eightball/Factory Hand/Lucky (side #).”

Smartpack Inventory – All information provided to assist in the conduct of the flight shall be inventoried. This is to ensure that all aircrew has the same information. Inventory should begin with the first page and continue in order to the last page. The only requirement on N43 and N44 Low-Level Navigation syllabus events is for the SNA to include the appropriate kneeboard grade card and completed weight and balance sheet. However, if the SNA chooses to provide additional information such as a cover sheet or OLF diagram, all pages shall be covered.

“Page 1 is the N4301 briefing card. Page two is page one of a two page route card starting at NAS Whiting Field and ending at CP5. Page three is page two of a two page route card starting with CP8 and ending with CP10.”

Maps/Charts – All charts to be used on the route shall be inventoried.

“Map required for the flight is the Pensacola 1:250,000 JOGAIR chart.”
Weather – Obtain current and forecast weather prior to the brief and state required weather for block of flight. If NVG flight, include Solar & Lunar Almanac Planning (SLAP) data.

“Current weather is ______________________________________.”
“Destination weather is ______________________________________.”
“Weather required for the flight is 600-1, winds less than 35 knots.”

Situation – For a fleet mission brief, this section is where the Enemy and Friendly situation is briefed. Normally, the enemy situation will be briefed by the intelligence department and friendly situation will be briefed by the operations department.

“This section is not applicable and shall not be briefed.”

Mission – A brief mission statement shall be made.

“Mission – At (Takeoff time) L, HT-28 will launch a single TH-57C in order to safely complete a (N4301).”

Execution

Concept of Operations – Big Picture. Give a general overview of the mission. Total length should not be longer than 15 seconds.

“Execution - Concept of Operations - We will launch from NAS South Whiting Field to conduct the Green Route forward and Tactical Landing Approaches at NOLF Site 8. The flight will recover at NAS South Whiting Field.”

Route – Name the route to be flown and altitude.

“Route - We will fly the Green Route forward at 500’ AGL.”

Control Measures – Features that define the working area for the mission.

Boundaries – Visual terrain or manmade features that define the area of operation. Boundary considerations are: 1) Linear, 2) Cardinal in direction (East/West/North/South), 3) Easily recognized and 4) Should include entire area of operation (NAS South Whiting Field and appropriate NOLF).

“Control Measures – Boundaries.”

“The northern boundary will be I-65. The western boundary will be Mobile Bay to the Tensaw River. The southern boundary will be I-10, with exception of NOLF Site 8. The eastern boundary will be the Blackwater River to the Blackwater Bay.”
Obstacles to Flight- Identify the location of specific obstacles. Recommended method is ABCTRP: Aircraft; Birds; Class C Airspace; Towers; Restricted Areas; Power lines. Mention the obstacle to flight and deconfliction method.

“There may be multiple civilian and military aircraft operating in the area. We will use an active VFR scan to avoid civilian traffic and deconflict with other TH-57s over the radios.”

Landing Areas/LZs – List the planned landing areas for the mission.

“Landing Areas/LZs – We will be using NAS South Whiting Field and NOLF Site 8 for today’s mission.

Scheme of Maneuver – Brief the aircrew on the mission’s entire conduct of flight from brief to landing. The scheme of maneuver should begin with a brief timeline and end when the flight has terminated. Takeoff time is represented by “T”. Any time before Time “T” is “T minus (the time)” and any time after Time “T” is “T plus (the time)”.

Preflight – Preflight should be conducted 30 minutes prior to the takeoff time. Be flexible, this might be adjusted as necessary by the IP.

Taxi – For planning/briefing purposes, taxi 5 minutes prior to takeoff.

Takeoff – Takeoff time should be the time set on the flight schedule. Again, be flexible.

“Scheme of Maneuver – We will preflight at T minus 30. We will get ATIS on UHF button #1, call outbound on button #7, Lucky Base, and call ground on button #3 to request taxi with the appropriate ATIS information. We will plan to taxi at T minus 5 for a 1500 takeoff. We will taxi single-ship to the appropriate spot as directed by ground. We will remain single-ship throughout the flight. Anti-collision lights – On, 70X in the TACAN, 0401 in standby in the transponder. Approaching the hold short line, we will switch button #4, South Whiting Tower, and inform Tower we are #1 holding short spot (?) for a Baker departure.”

“Once cleared for takeoff and crossing the hold short line, we will complete the 4 Ts, switch the transponder to Altitude and takeoff. We will climb at 70 kts to 900’AGL at which time we will accelerate to 100 kts and turn outbound to Pt Baker.”

NASWF→ROUTE – Specific course rules to the route shall be briefed in detail starting at the departure from NAS South Whiting Field. It is not acceptable for the SNA to state, “We will fly course rules to CP1 on the Green Route.” The course rules will include but are not limited to Time/Distance/Heading, airspeed and altitude.

ROUTE - Brief changes in airspeed, altitude, radio frequencies and transponder codes during this portion of the scheme of maneuver. A good technique for briefing these considerations is FALCON (Formation, Airspeed/Altitude, Lighting, Communications/Squawk, Obstacles/Terrain and Navigation/NVGs). When briefing each checkpoint, if any of the FALCON considerations
have changed then they need to be mentioned. If the FALCON considerations remain constant, just brief the time, distance and heading to the next checkpoint. If some considerations change, brief only those considerations that did change and omit the others. For example, at the beginning of the brief we state, “‘We will remain single-ship throughout the flight.’” Therefore, the brief may omit the “F” from the remainder of the brief and must only consider ALCON.

**Formation** – As mentioned above, if single-ship, a statement should be made that the aircraft will remain “single-ship throughout the flight”. For formation navigation syllabus events, however, brief the type of formation flight, such as cruise, parade or combat cruise.

**Airspeeds/Altitudes** – If the airspeed/altitude changes, brief how/when they change.

**Lighting** – Brief the lighting scheme to be used during the flight IAW RWOP directives.

**Communications/Squawk** – Multiple radio frequencies and squawks will be used during the conduct of the flight.

**Navigation/NVG** – SNA shall brief each leg of the route to include the following:

When briefing the route, ensure clock codes are given first and follow-up with a backup heading later.

> “CP 4 is the intersection of a north-south running road and an east-west running railroad track. At CP 4, we will come left to 10 O’clock, back up heading 320 for 5 miles and time of 3 minutes and 20 seconds.”

Make good use of limiting features, funneling features, aim points and intermediate points.

**Limiting Feature** – Any manmade or terrain feature that defines a limit to the leg of flight. Linear limiting features are best (river or road), but point features (tower) can also be used.

**Funneling Feature** – Any linear feature, manmade (road) or natural (river), that leads to the next checkpoint.

**Aim Point** – Any feature that is obvious and provides a steer to the next CP.

**Intermediate Checkpoint** – Any feature on your planned route between two checkpoints that provides a good navigational reference.

When describing roads, use the physical feature of the road instead of the legend term. In the legend on the chart, roads are usually described as “Primary” or “Secondary” roads. This description stems from the volume of traffic on the roads and not necessarily the type of road.

As aviators, we find it more useful to use the physical description of the road itself. Roads fall into one of four categories: all-weather or hardball, improved surface, unimproved surface and jeep trails.
1. All-Weather or Hardball - Concrete or asphalt.

2. Improved Surface – Leveled and packed down with improvements such as culverts and bridges. Not paved.


4. Jeep Trails – Tracks going through the woods.

**NOTE**

There is a difference in the roads that are depicted on the JOGAIR 1:250,000 and the 1:50,000 charts. Jeep trails will not be shown on the JOGAIR. The smallest roads depicted on a JOGAIR will be unimproved surface roads.

Bingo checkpoints shall be briefed during the scheme of maneuver at the appropriate checkpoint.

**NVG** considerations for each segment of flight shall be briefed. These considerations shall include, but are not limited to cultural lighting, environmental conditions, relative sun/moon position, shadowing, etc.

**ROUTE→OLF** – The specific route of flight from the last checkpoint to the OLF shall be briefed in detail ending with the OLF’s arrival point. It is not acceptable for the SNA to simply state, “We will fly from CP10 to Site 8.” The course rules will include but are not limited to Time/Distance/Heading, airspeed and altitude.

**OLF** - Brief the terminal procedures on how to enter the landing pattern at the LZ.

“At Pt. Racetrack, we will call Harold on button #12 and report inbound. We will comply with course rules by flying over the powerlines and split the field for the appropriate course in use.”

Also, brief the NATOPS’ five major considerations in evaluating the landing area (NATOPS, Chapter17, para. 17.6.2 Landing Site Evaluation).

1. **Height of Obstacles.** Brief the location and heights AGL of obstacles in the area.

2. **Size and Topography of the Landing Zone.** Include elevation, dimensions of the runway (length, width, surface and slope), marking (beacon or not), and radio freq.

3. **Possible Loss of Wind Effect**

4. **Power Available**

5. **Departure Route.** Discuss departure course rules.
“OLF Site 8 is roughly a thousand foot long by a thousand grass field at 159’ MSL. The fuel pits located in the NE corner are a no-fly area and there is a 205’ AGL tower just to the east of the fuel pits. Additional obstacles include Coastal Airport to the west of Site 8 and two 315’ AGL towers just north of the field. OLF Site 8 is surrounded by 75’ tall pines and the crash shack is located in the center of the north field boundary. The southeast corner is the departure corner.”

During some syllabus events, specifically NVG events, the LZ might be an airfield. In this case, the SNA shall brief the plan to enter the field for the planned runway in use.

“At checkpoint 2, we will turn to the 2 O’clock position for a heading of 348, distance of 10.5NM and timing of 6 minutes, 48 seconds for Atmore Municipal. We will make a call on button #19, Western Area Common, that we are off the route inbound for Atmore, then make a 10 mile call inbound to Atmore on VHF frequency 122.8. We will then make a five mile call to Atmore traffic. With winds out of the south, we will plan to enter a left downwind for runway 18 at Atmore. Atmore is...(Five Major Considerations).”

OLF→NASWF - Specific course rules from the route shall be briefed in detail starting at the departure corner and ending at the NAS South Whiting Field VFR entry point. It is not acceptable for the SNA to state, “We will fly course rules from Site 8 to South Whiting.” The course rules will include but are not limited to Time/Distance/Heading, airspeed and altitude.

Coordinating Instructions – Coordinating Instructions are the immediate actions or considerations in the event the conduct of flight deviates from the Scheme of Maneuver. Brief these considerations in view of the flight profile. Low-level navigation considerations might be different from other phases of flight. This is a mission brief, not a NATOPS brief. The NATOPS brief (by exception) will be briefed after the mission brief and include how to handle the cockpit in the case of emergencies.

Emergencies/System Failures

“Coordinating Instructions – Emergencies/System Failures – If we have an emergency/system failure during the flight, we will handle in accordance with NATOPS. If we are on the low-level route, we will climb to cope. We will always endeavor to turn a flying emergency into a ground emergency.”

Inadvertent Instrument Meteorological Conditions (IIMC) – Brief a plan on how to handle this emergency. Once in IIMC is not the time to “discuss how to regain VMC”. In order to build a plan, the SNA should study the chart to find the highest obstacle in the area. Add a minimum of 200’ to the height of the obstacle in MSL and designate a Minimum Safe Altitude (MSA) for the route. Then study the chart for a cardinal direction that leads away from the majority of obstacles and clear of all airspaces. Designate this as the Safe Heading (SH). Additionally, SNA should study the chart to determine the proper controlling agency to contact for handling if IIMC is encountered.
“IMC – We will go lower, slower and circumnavigate if necessary to remain VMC. If unable to maintain VMC, the Pilot-at-the-Controls will switch to an instrument scan, level the wings, level the nose, center the ball and start a standard rate climb to 2000’ MSL and a standard rate turn the shortest direction to the north. Pilot-not-at-the-Controls will squawk 7700, dial up 124.05 Eglin Approach in the VHF and request handling and a discrete squawk for an approach back to NAS South Whiting Field. If we regain VMC, we will remain VMC.”

NOTE

JOGAIR MEF is the height of the highest obstacle in that area.

Disorientation Procedures

“Disorientation Procedures - If we become disoriented on the route of flight, we will climb to identify a known checkpoint, orbit until reoriented or return to the last known checkpoint and continue the flight.”

Administration & Logistics – Any considerations concerning the basic logistical requirements for the flight.

Flight Duration – The flight duration should comply with MPTS Hours/X.

“Administration & Logistics – Flight Duration will be 1.5 hours.”

Fuel – Three fuels are calculated.

Mission Fuel – Mission fuel is the fuel necessary determined by the mission commander. At a minimum, it is the fuel necessary to complete the mission (course rules, route and landings at NOLF) and land at NAS South Whiting Field with the NATOPS minimum of 10 gallons. However, the mission commander retains the right to take extra fuel in the event of any contingencies. Minimum fuel necessary to complete the mission plus extra fuel desired by the mission commander is Mission Fuel.

“Fuel – Mission Fuel is 75 gallons.”

Go/No Go – Go/No Go fuel is the minimum fuel necessary to complete the mission (course rules, route and landings at NOLF) and land at NAS South Whiting Field with the NATOPS minimum of 10 gallons.

“Go/No Go fuel is 65 gallons.”

Bingo Fuel – Bingo fuel is defined as the minimum calculated fuel state necessary to arrive at the closest fuel source with NATOPS minimum fuel. NATOPS minimum fuel for the TH-57C is 10 gallons. In the training command, bingo fuel is determined from the farthest checkpoint on the route to NAS South Whiting Field via the appropriate VFR entry point.
“Bingo fuel is 22 gallons from CP5 calculated to Point Snake for course rules to NAS South Whiting Field.”

“We will depart the OLF with ____ gallons or a steady low fuel light.”

NOTE

Bingo is a fuel state. The checkpoint used to determine Bingo is selected only because it is the farthest point on the route from the fuel source. At any time during the conduct of flight if the calculated Bingo fuel is reached, the flight shall be terminated and the aircraft shall return to NAS South Whiting Field via the closest VFR course rules checkpoint.

COMMAND & SIGNAL

Communications

Preset/Manual Frequencies – Brief any frequencies and associated controlling agencies in addition to those listed on the standard RWOP frequency card. Examples of additional frequencies/controlling agencies might be an uncontrolled field (Atmore 122.8) or ATC (Eglin Approach 124.05).

“Command & Signal – Communications – Preset/Manual frequencies will be in used as required. Additional VHF frequencies for today’s flight will be 124.85 Pensacola Approach, 124.05 Eglin Approach when on the Purple Route and 121.95 Instructor Common.”

NAVAIDs – Brief all NAVAIDs to be used throughout the flight.

“NAVAIDs – Today on the Purple Route we will be primarily using visual navigation. We can use Crestview VORTAC 106X/115.9 for reference. Also, the Purple Route will be in the GPS, but our NAV2 needle will be in ADF mode.”

Lost Communications – As a crew, determine the appropriate course of action for the route flown and the appropriate landing area. If returning to NAS South Whiting Field, comply with the RWOP’s lost communications instructions.

“Lost Communications – If we experience a total radio failure, we will climb to a safe altitude and troubleshoot. If unable to regain radio communications, we will maintain VMC, squawk 7600, make all calls in the blind. We will intercept course rules to NAS South Whiting Field. Once at NAS South Whiting Field, we will overfly the field with navigation lights in flashing bright, determine the course for the runway in use and look for an ALDIS lamp signal from the tower.”
ID AND RECOGNITION

Squawk – Review all squawks to be used during the conduct of flight.

“ID and Recognition – Squawk – We will squawk 0401 outbound to Pt Pond. At Pt Pond, we will squawk the Western Operating Area code of 4777. At the Welcome Station, we will squawk 1200 inbound to Site 8. We will squawk 0402 inbound on course rules to NAS South Whiting Field.”

Additional Mission Brief Considerations

1. Address the audience, not the chart.
2. Put the pointer down when it’s not in use.
3. Rehearse, rehearse, rehearse. Be prepared and practice with other SNAs.

109. NATOPS BY EXCEPTION BRIEF

The NATOPS by Exception Brief is covers internal cockpit procedures between aircrew members and expands items that require additional explanation. Items such as aircraft emergencies/system failures, cockpit crew coordination and items not specifically addressed in the mission brief shall be briefed in the By Exception brief. For example, specific procedures concerning Pilot–at-Controls (PAC) and Pilot-not-at-Controls (PNAC) responsibilities should be covered. There are two different sets of responsibilities: on the route and in the pattern. On the route, PAC responsibilities are avoiding obstacles and controlling the aircraft. PNAC responsibilities on the route are navigating and monitoring performance instruments. In the pattern, PAC responsibilities revert back to Aviate, Navigate, Communicate and PNAC responsibilities are backing up the flying pilot by copying clearances, changing frequencies, and tuning NAVAIDs.

110. LOW-LEVEL NAVIGATION EXECUTION

The use of the 6Ts is a recommended technique for low-level navigation. SNAs should endeavor to develop a systematic approach to navigation and the 6Ts is a good system to ensure that all necessary items are accomplished. At each checkpoint, the PNAC verbalizes each step. This method takes into account that the PAC is responsible for avoiding obstacles and controlling the aircraft and is primarily on an outside scan.

1. \( T = \text{Time} \)

When the PNAC has the checkpoint in sight, he should reset the 8-day clock. Inform the PAC the checkpoint is in sight and the next direction of turn.
“McDavid intersection is off the nose. McDavid is the intersection of Hwy 29 running north-south and the hardball road coming in from the West. There is a tower on the northwest side. At McDavid, we’ll be coming right to 2 O’clock.”

2.  

\( T = \text{Turn} \)

Advise the PAC the direction to turn. If coming right, clear the aircraft to the right.

“Come right to 2 O’clock. Clear right.”

Once the PAC rolls out on the clock code, refine the heading with the calculated magnetic heading. PNAC gives the PAC a terrain/manmade feature for an aimpoint.

“Backup heading 320. Rollout. Aim down the right side of the catfish ponds.”

3.  

\( T = \text{Time} \)

Once rolled out on heading, start the 8-day clock for leg time. Note the actual total time on the ADF and compare to the planned total time.

4.  

\( T = \text{Transition} \)

Go down, slow down, NAVAIDs, squawks. PNAC informs the PAC of adjustments in altitude and airspeed, and he changes the NAVAIDs and transponder code if necessary. Note fuel state and compare with planned fuel.

5.  

\( T = \text{Twist} \)

Twist the backup heading in the HSI.

6.  

\( T = \text{Talk} \)

PNAC gives gas/gauge check.

PAC makes proper external traffic call.

“Gauges checked normal. We have 45 gallons.”

Additional Execution Phase Considerations

1.  SNA shall notify IP when reaching the bingo checkpoint and report the bingo fuel and current fuel.

“Checkpoint 5 is the bingo checkpoint. Bingo fuel is 35 gallons. Current fuel is 50 gallons.”
2. Route time shall be kept in the ADF. Leg time shall be kept on the 8-day clock with the sweep hand timer.

3. If the IP opts to put the route in the GPS, the route shall be flown with pilot side RMI NAV2 needle selected to ADF. Selection of NAV1 or NAV2 navigation system on the pilot side annunciator panel is at IP discretion.

111. DEBRIEF

A thorough debrief shall be conducted at the completion of every flight. All participating aircrew should meet at a designated location and time to discuss the successes/failures of the flight. The discussion is led by the mission commander and should be debriefed by phase (Planning, Brief, Execution). The debrief should be held as close as possible to the completion of the mission in order to preserve as much information as possible. The critiques of the mission should start with something positive and then move into the mission failures. All aspects of the flight should be covered.

In the training environment, the IP will debrief the SNA’s event planning and event brief prior to the flight. This portion of the debrief should cover chart preparation as well as delivery and content of the brief. The execution of the flight shall be debriefed at the completion of the flight. The IP should allow the SNA to give an honest critique of the entire flight first. Then the IP should deliver his debrief.
Low-level Navigation Briefing Card

ORIENTATION
Time Hack
Aircraft Assignment ______ on Spot ______
Call Sign Eighthball/Factoy Hand/Lucky ______
Smartpack Inventory
Maps/Charts
Weather
Current __________________________
Destination ______________________
Required SLAP

SITUATION - N/A

MISSION
At ______ L, HT8/18/28 will launch a single TH-57C in order to safely complete
a ________.

EXECUTION
CONCEPT OF OPERATIONS (GENERAL OVERVIEW)
Route
Control Measures
Boundaries
Obstacles to Flight
ABCTRP
Landing Areas/LZs

SCHEME OF MANEUVER
Preflight T:30
Taxi T:05
Takeoff T =
NASWF→ROUTE
ROUTE
ROUTE → OLF
OLF Description
F = Formation
A = Airspeed/Altitude
L = Lightning
C = Comms/Squawks
O = Obstacles/Terrain
N = Navigation/NVG
Height of Obstacles
Size & Topography of the LZ
Possible Loss of Wind Effect
Power Available
Departure Route
OLF → NASWF

COORDINATING INSTRUCTIONS
Emergencies & System Failures
IIIC
Safe Heading ______
Safe Altitude ______
Disorientation Procedures

Figure 1-10 Low-Level Navigation Briefing Card (Front)
ADMINISTRATION & LOGISTICS
Flight Duration_____
Fuel
Mission______gallons
Go/No Go______gallons
Bingo______gallons at CP________to______________________to
NASWP/NOLF Site 8/Other

COMMAND & SIGNAL
Communications
Preset/Manual Frequencies
Nav aids
Lost Comms
ID and Recognition
Squawk

Figure 1-11 Low-Level Navigation Briefing Card (Back)
CHAPTER TWO
INTRODUCTION TO BASIC AND RADIO INSTRUMENTS

200. INTRODUCTION

Up to this stage in your training, most of your flying has been done using visual references external to the aircraft. The next step to becoming a professional naval aviator requires you to be well versed in the proper techniques to perform maneuvers requiring reference to the aircraft instruments and gauges. The following section will introduce you to the fundamental building blocks of instrument flight.

201. SMA RESPONSIBILITIES

General

Every SMA should remember these four guidelines when managing their training program:

1. The flight instructor wants the SMA to learn to be a professional naval aviator. Ask questions and use your flight instructor to help you through problem areas.

2. The Advanced Helicopter Training Phase has a requirement for a more complex method of preparation than encountered previously. The system covers the COMTRA Wing Five INST 3710.8 series on course rules (RWOP), all previously introduced NATOPS units, and FAA/DOD FLIP publications including the Federal Aviation Regulations (FAR) and the Aeronautical Information Manual (AIM). This system is used to ensure thorough preparation and introduce the SMA to the sources available to the fleet naval aviator. The following is a recommended sequence for referencing the applicable publications:

   a. Refer to the Advanced Helicopter MPTS TH-57 Master Curriculum Guide.
   b. Refer to Table of Contents in FTI.
   c. Read appropriate portions of FTI.
   d. Read appropriate references listed in FTI.
   e. Read appropriate FAA/DOD FLIP publications, including the AIM.
   f. Refer to applicable sections of the NATOPS manual.
   g. Refer to applicable sections of OPNAVINST 3710.7.
   h. Refer to the RWOP.
   i. Read the applicable SOPs.
3. Preparation is the key to professionalism. Do not be satisfied with only knowing enough to complete the hop. What is being taught in the advanced helicopter phase has a direct transference to all fleet operations.

Remember one important concept for as long as you fly an aircraft: You must be your own most aggressive critic. This does not mean you become a mental case in the cockpit, but it does mean as an aviator nearing the end of the flight training syllabus you must demonstrate one of the most critical qualities a professional aviator has: self-discipline. This means you prepare for every hop as if your professional reputation is at stake. Realize that you are at the stage where your instructor might not mention your deviations as they occur; he will likely wait to analyze your scan and discipline to see if you make the input yourself. Your flights are not contests where someone is keeping score and counting your mistakes. Your flight grades should not be as important as your own honest appraisal of your flight performance. You are expected to come well-prepared, but you will make mistakes. Most of these mistakes, with a few exceptions, are forgiven as long as you deal with them professionally on the spot and learn from them. This is why they call it flight school.

4. Use your time wisely. The volume of knowledge that must be assimilated during your training is about the same as would be required in a graduate college degree program; remember, however, you cannot afford to “dump” the things you learn once you have completed a check flight. The skills and knowledge you develop now must stay with you for the remainder of your flying career.

202. FLIGHT SIMULATOR TRAINING

Simulator periods are of tremendous value for learning the procedures and flight techniques used in Basic Instrument, Radio Instrument, and Airways Navigation. In order to maximize learning, the SMA shall prepare for the periods in the same manner as for a flight. The simulator periods will be conducted as though they were actual flights. SMAs shall ensure all ground preparation is complete prior to simulator periods or flights and the objectives contained in the required unit are fully understood.

203. LEARNING EMERGENCY PROCEDURES

The thought process for handling critical emergencies in instrument flight begins the same as it does in VFR flight. The PAC must take the initial steps and the PNAC will perform as directed or previously briefed by the Pilot in Command (PIC). The level of cockpit tasking during emergencies under IFR is greater than that during VFR because aircraft control will require more effort in IMC. Some systems not required in Visual Meteorological Conditions (VMC) become essential for IMC flight and communication with controlling agencies may be required to prevent further aggravation of an unsafe situation. In addition to system knowledge and aviation skill, proper CRM will be required to safely resolve an emergency.

When the crew conducts the NATOPS brief, they should carefully brief the division of tasks during simulated emergencies, and the flight shall be conducted as briefed. Consider the following conditions in your planning:
1. Ambient Conditions. Most importantly, if in VMC, remain VMC. If in IMC, the PIC may want to direct the PAC to fly the aircraft while the PNAC diagnoses the problem. At night, even in VMC, cockpit tasks will proceed more slowly than in daytime, and a VMC/IMC scan will be required to control the aircraft. Delegate tasks accordingly.

2. Nature of Emergency. Diagnose the malfunction, and then decide how to convey your distress to ATC. Be aware, however, once you convey a problem to ATC, you will be required to answer their next inevitable question: "Are you declaring an emergency?" Know the answer before the question is asked. Situation permitting, provide ATC the nature of the emergency and services requested.

3. Area of operation. If you can fix your location on a VFR sectional, you can use the Maximum Elevation Figures (MEF) to determine a minimum operating altitude. Approach plates show MSAs and IFR charts show MOCAs. Approach controllers use Minimum Vectoring Altitudes (MVA) not accessible to pilots. The PIC may desire a descent below a known ceiling (from the DD 175-1 or another source) to one of the minimum altitudes listed above. Keep in mind weather radar shows precipitation, not clouds or fog, so a controller cannot usually issue vectors to VMC.

Your flight planning should have also uncovered the nearest divert fields to your position. In a “land as soon as possible” situation, an airport with an instrument approach may be the “first site at which a safe landing can be made.” Keep known traffic in mind but tell ATC what you want to do. Put yourself in the driver's seat and get ATC’s attention and appreciation for your condition.

4. Crew experience and “comfort level.” Aircrews of different experience levels may handle the same situation differently. For example, an experienced pilot experiencing a hydraulic failure may be very proficient at boost-off landings to a touchdown. On the other hand, for a less experienced pilot, the likelihood of an aircraft rollover during a boost-off landing might be significant. In another example, two experienced pilots in a mechanically-perfect aircraft may suffer from extreme vertigo, food poisoning, or hypoxia, creating a very real emergency. No set of rules can cover all situations. Trust your instruments, and trust your judgment.

In the Instrument stage, P-458, just as in the Contact stage, P-457, emergency procedures will be discussed in the brief and practiced in flight. When briefing or in flight, unless otherwise specified by the IP, assume you are on an IFR flight plan on a daytime flight in radar contact with ATC. Then:

a. Name the malfunction, given a set of indications.

b. State the immediate response required of the PAC first if in VMC, then if in IMC.

c. Recite critical memory items from NATOPS specifying which steps will the PAC, PNAC performed.

d. Simulate a call to ATC specifying the situation, request, and whether or not you are declaring an emergency.

e. Using the Pocket Checklist, execute the cockpit cleanup.
204. DISCUSSION ITEMS

During your preparation for your flights you will note a number of discussion items you will need to research prior to your flight. As mentioned before, you will need to refer to publications other than this FTI and your NATOPS manual in order to become conversant on these subjects. Do not limit your research to a quick review of the glossary or information handed down from previously completed SMAs; many of these items relate to other areas of concern and lengthier discussions of them will shed better light. When you discuss an item with your instructor, it is a good idea, particularly since you are in the advanced stage of your training, to discuss the item in question as thoroughly as you can. Do not force your instructor to attempt to draw it out of you. If your discussion is too complete for the purposes of that flight, the instructor will tell you.

205. APPROACH MATRIX

Many SMAs have had success with a matrix they draw on their kneeboard once they find out what approaches they will shoot during the hop. The matrix can contain whatever you want, but often times they include: approach name & page number, frequency in NAV 1, HSI course, GPS waypoints, CDI course, ADF frequency, and timing. This helps organize and expedite programming of NAVAIDS during the COMM/NAV Checklist, but should not and is not meant to tie the SMAs hands from remaining flexible and changing plans as ATC or the crew sees fit.

206. COMM/NAV CHECKLIST

The COMM/NAV Checklist is designed to help you test and tune your NAVAIDs and radios before departure. As you complete the test for each item, consider the required setting for your departure. For example, if you are planning a Baldy One departure, you should leave 70X in NAV 1 and have 135º twisted in the HSI. If you are not departing via a Standard Instrument Departure (SID), you should set up your NAVAIDs for an approach at your departure point in case of emergency. Have the Morse Codes available for the station you will be identifying. The numbers in this example apply to South Whiting Field (KNDZ). Adjust as necessary at other locations.

<table>
<thead>
<tr>
<th>CHALLENGE</th>
<th>ACTION</th>
<th>RESPONSE</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. CLOCK</td>
<td>Wind (only if necessary), set time, reset, and start second hand.</td>
<td>SET AND WOUND.</td>
</tr>
<tr>
<td>b. DME</td>
<td>Ensure both pilots have selected NAV1. Press DME test button. Check that indicator reads 0.0 or 0.1.</td>
<td>TEST.</td>
</tr>
<tr>
<td>c. ATTITUDEGYRO</td>
<td>Cage only if needed.</td>
<td>CAGED.</td>
</tr>
<tr>
<td>d. BAR ALT(S)</td>
<td>Set the barometric altimeter to field elevation.</td>
<td>SET TO FIELD ELEVATION.</td>
</tr>
</tbody>
</table>
### Introduction to Basic and Radio Instruments

<p>| e. RMI | Compare HSI heading with the corrected wet compass heading (use deviation card). If excessive difference is noted secure ECS, fan, defog blower, landing light, searchlight, position lights and pitot heat. Ensure headings match. Ensure slaving adapter switch is in &quot;SLAVE&quot; and that the compass deviation indicator is &quot;ALIGNED&quot;. | SLAVED AND ALIGNED. |
| f. MARKER BEACON | Hold switch in test position. Ensure all lights work. | TEST. |
| g. RAD ALT | Set DH bug at 25 feet. Press the TEST button. Check for indicated altitude of 50 + 5 feet and a visible off flag. Release the TEST button. Check for DH light and tone. Depress light button to disable tone. Reset DH bug to zero or as required. Copilot repeats. | TEST AND SET. |
| h. VHF | Push in COMM 2 button on audio control panel. Select 2 with the MIC selector. Set 121.95 (instructor common) in the USE position and 124.85 (Pensacola Approach) in STANDBY. Pull out the volume control knob (squelch off), set the volume, and push knob back in. Squeeze trigger switch and check for a &quot;T.&quot; Repeat for copilot. Push out the COMM 2 button and select 1 on the MIC selector. | TEST AND SET. |
| (B) i. VOR | Check that frequencies can flip flop and that the standby frequency can be changed using both the inner and outer knob. | TUNED AND SET. |
| (C) j. NAV1 and HSI (CDI) | Set channel to 70X and push the USE button in. Push in the DME button on the audio control panel and listen/verify | TUNED AND SET. |</p>
<table>
<thead>
<tr>
<th>CHAPTER TWO</th>
<th>TH-57 INSTRUMENT &amp; NAVIGATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>(C) k. GPS/NAV 2</td>
<td>Set both sides of cockpit to NAV 2. Check DME at 34.5 miles, TO/FROM flag indicating FROM, HSI/CDI deviation at ½ scale deviation right, glideslope ½ scale up, OBS out 315º, OBS in reflect the course set in the HSI, RMI 130º, and single needle pointing 130º. Check for current date and time. Update altimeter setting from current barometric altimeter setting and hit APPROVE. Ensure database current and acknowledge.</td>
</tr>
<tr>
<td>1. TRANSPONDER</td>
<td>Turn function selector to TEST. Check all lights illuminated. Turn function selector to STBY. Press the EMERG button. Check for 7700. Set the required squawk.</td>
</tr>
<tr>
<td>m. ADF</td>
<td>Select the ANT mode with ADF button. Tune 326 in USE position. Push in ADF button on audio control panel and listen/verify the Morse code. Adjust volume as necessary. Push out ADF button on audio control panel. Push in buttons on RMI to place both needles in ADF mode. Needles should lock at the 90/270 position. Watch the needles home on signal</td>
</tr>
</tbody>
</table>
### 207. FLIGHT SEQUENCE

**Planning, Brief, Preflight, Start, Taxi, Takeoff, and Departure Sequence**

For ATC-controlled SIDs you will need to contact South Whiting Clearance Delivery once you have received ATIS information. Consult the RWOP for the content of that radio call. Once you have contacted South Whiting Ground, your instructor will take the controls and taxi the aircraft for takeoff. Enroute to the hold short line, you will complete the Instrument Takeoff (ITO) Checklist and you will execute an ITO. Once airborne, you will be instructed to contact your departure controller with your "off report." If you have not been instructed to switch frequencies, request the switch. Remember, if you used a NAVAID for your SID that you could not ID on the ground, you will need to ask your instructor to ID it once you are airborne. When the initial level off is complete you will execute the Level off Checklist.

### 208. PASSING THE CONTROLS

When you pass the controls to your instructor, remember to let him know the parameters you would like him to maintain. (e.g., “Fly the 24 mile arc at 1700 ft and 100 KIAS until you intercept the 223 radial inbound.”) Keep an eye on what is going on when you are not flying so you can be oriented when you get the controls again.
209. USEFUL ACRONYMS

Naval aviators are no different than other military people in their penchant for acronyms. Acronyms help us organize our thoughts and actions when the pace of events threatens to force them out of our field of view. Generally speaking, the tasks listed in the acronyms are meant to be performed in order because that is how they are ranked in terms of criticality.

6 Ts:

TIME. Note the time.

TURN. Turn to intercept course or heading.

TIME. Begin timing when wings level inbound, abeam the fix outbound or when FAF inbound.

TRANSITION. Decelerate as required (approach speed 90 KIAS, holding 80 KIAS) descend as required, complete landing checklist/gas and gauges check as required.

TWIST. Set desired course in CDI/HIS and/or confirm GPS mode.

TALK. Make voice report, gas and gauges check as required.

PASTT Gas and Gauges:

Power (set climb/cruise power),

Attitude (adjust the nose for the climb as required),

Searchlight (turn it off),

Turn (to comply with missed approach/climb-out instructions),

Talk (make the appropriate missed approach call, reason for missed approach, and your intentions), and

Gas (note quantity).

Gauges (check all engine and flight instruments).

Apply this acronym when you execute a missed approach. Be methodical in the completion of these items but avoid unnecessary delays in making your missed approach call.

WAR: Weather, Altimeter, Duty Runway

This is what you request from ATC or your instructor prior to each approach where ATIS is not available.

WRNTB: Weather (get WAR),
Request (request the approach from ATC)

NAVAIDs (tune and ID as required using TINTS acronym. Tune – the NAVAID frequency.

Identify – the NAVAID Morse code. Needles – VOR or ADF mode. Twist – set proper course in HSI/CDI. Select – select NAV1 or NAV2.)

Timing (compute)

Brief (the approach). (Remember: We Really Need To Brief).

210. CREW RESOURCE MANAGEMENT (CRM)

[Reference: P-457, Contact FTI regarding CRM] You will be challenged by your instructor to demonstrate sound and effective CRM skills in flight. By the time you reach the RI stage you will have completed integrated CRM classroom training. You will need to be well versed in CRM concepts during your BI and RI training. CRM is the teamwork that rises from effective cockpit communication. It is a strategy and a tool by which aviators work cooperatively to accomplish the mission safely and effectively. It is not simply the apportionment of cockpit chores.

211. APPROACH BRIEF

The purpose of the approach brief is to discuss the approach as a crew in order to build a shared mental model and to serve as a final check on the approach plan and setup.

Procedures

The following six items shall be briefed prior to commencing an instrument approach:

1. Approach Name
2. Weather Minimums/Compare to current weather conditions
3. FAF and Timing
4. MDA/DH
5. Missed Approach Point and Approach Lighting System (if applicable)
6. Terminal Procedures

Example approach brief for the COPTER TAC 004 at KNDZ:

"Attention to brief. This will be the COPTER TACAN 004 to KNDZ. The weather required for the approach is 400 and 1/2. The current weather is 800 and 1. The final approach fix is NELOE and there is no published timing. The MDA is 540
and the missed approach point, WUBLA is at .2 DME off of the NSE TACAN. At MDA, runway 14 will be off of our right side and there is no approach lighting system. We can anticipate entering a right downwind, for runway 14 landing spot 3 for the fuel pits. Are there any questions?"

**NOTE**

At airports with control towers it is common for ATC to assign alternate missed approach instructions. When issued, alternate missed approach instructions supersede published missed approach instructions.

**Amplification and Technique**

1. In the event of aircraft degradation, poor weather, unfamiliar airport or other atypical situation, additional briefing may be required in order to guarantee the safe and orderly conduct of the flight.

2. The approach brief should be conducted as part of a complete WRNTB approach setup in order to minimize errors. In the event that holding is conducted prior to an approach and the holding shares the same radial and NAVAID, it is allowable to brief the approach prior to entering holding.

3. In the event that the IAP must be changed due to an aircraft system malfunction or ATC request, the 6Ts and an updated approach brief should be given prior to commencing the new approach. If it is impossible to do so prior to approach clearance then a missed approach or holding should be requested in order to allow more time.

4. Depending on radio congestion, it may be impractical to complete the approach brief without talking over other ATC conversation. In such instances, the pilot briefing the approach should cease briefing whenever there is a conversation between ATC and another aircraft that has a similar call sign, destination, altitude, or is communicating weather information of interest.

5. There are two elements of the terminal procedure description: the runway position relative to the aircraft at MDA/DH and the pattern segments that will be flown while maneuvering to land. The pattern segments should be described with standard terminology such as downwind, base, final, etc.

**212. APPROACH PLATES**

A few years ago, a helicopter with a full load of passengers aboard took off from a ship shortly before sunrise. Once airborne, the pilots were to switch frequencies and rendezvous with other aircraft. The aircraft struck the water within a minute of takeoff; many of those aboard were killed. The mishap board determined the PAC had become involved with checking his kneeboard for the next frequency, making frequency changes and failed to notice the fatal shallow descent that killed him and several others.
The flying pilot flies; he does not interrupt his instrument scan and induce vertigo by burying his head in his approach plate on his knee. The non-flying pilot gives him read-backs and updates on requests. During the approach, the flying pilot limits himself to quick glances to spot important approach information (i.e., MDA, MAP, etc.). The flying pilot's use of his approach plate is not a substitute for solid CRM.

213. THE APPROACH

This is an example of how the approach sequence might proceed: The SMA is still at the controls having just completed the VOR 9L approach. He has just finished going through the PASTTGAs acronym and he is executing the missed approach/climb out instructions. As he initiates the WRNTB sequence, he gets his WAR information and asks the instructor to tune and identify the NAVAIDs, compute timing, and brief the next approach. The instructor notes the SMA's effort to make good use of his crew, but in order to evaluate the SMA's ability to perform these tasks, the instructor takes the controls, and lets the SMA do them. You can anticipate the instructor will abbreviate this process by taking the controls once you are established in your missed approach procedure so you can set up for your next approach. The instructor might brief the approach to the SMA as he approaches the terminal environment. Remember to request the approach. The SMA might find he needs reminders and updates as he goes along in the approach, information he cannot get in just a quick glance: “Sir, what is my outbound heading.” “Sir, was that final approach fix at five miles?” and so on until he senses he is approaching the MDA/DH when he might ask, “Sir, what was that MDA?” The SMA who asks these questions and double checks his own progress proves he is not voice activated. Crossing the IAF and FAF, the SMA completes the 6 Ts. Somewhere during the approach he will be given his airport clearance (report field in sight or missed approach, for instance). Pay attention to and comply with your clearance.

214. MANEUVER COMPLETE REPORT

The maneuver complete report will be performed at the completion of each maneuver during the BI phase of instruction.

1. Report “maneuver complete.”

2. Check gauges.

3. Scan the caution panel lights to include the clear chip light.

4. Check the fuel quantity.

5. Note the time.

Example

“Maneuver complete, gauges in the green, no caution lights, fuel 45 gallons, time 1345.”
CHAPTER THREE
BASIC INSTRUMENTS

300. INTRODUCTION

The Basic Instrument procedures and patterns are intended to provide the student with a sound basis for progressing to Radio Instrument navigation. The ability of the naval aviator to perform proper instrument flight will transform periods of bad weather and low visibility from a liability to an asset for the successful completion of military missions, especially when used in combination with radio, radar, and target recognition devices. To become an efficient instrument pilot, considerable time and effort must be placed on learning proper procedures and developing effective scan and trim techniques.

301. ATTITUDE INSTRUMENT FLIGHT

Maneuver Description and Application


Attitude instrument flight is that condition wherein the pilot controls the aircraft with reference only to the aircraft instruments.

The pilot must be able to rapidly adjust to a basic instrument scan and fly his aircraft by reference to the aircraft instruments in the event he encounters IMC and is unable to maintain suitable visual references.

Amplification and Technique

While the techniques used for attitude instrument flight in helicopters are essentially the same as those used in airplanes, the helicopter pilot who has previous experience in airplanes should bear in mind these important differences:

1. In helicopters, with either semi-rigid or fully articulated rotor systems, the fuselage is permitted to move independently of the rotor disc. While gravitational, centrifugal, and aerodynamic forces tend to align the fuselage in an attitude corresponding to a given rotor attitude, these two attitudes are not in a fixed, corresponding relationship as are wing attitude and fuselage attitude in an airplane. For this reason, the pilot is unlikely to achieve desired results by merely selecting a fuselage attitude and power setting.

2. There is no instrument available directly measuring rotor attitude. Therefore, the pilot must depend more on instruments, such as the airspeed indicator, turn and slip indicator, and vertical speed indicator, which measure rotor attitude indirectly.

3. The Vertical Gyro Indicator (VGI), better known as the attitude indicator, is used for "ball park" estimates of rotor attitude. All transitions from one attitude to another should normally be made by the combined use of the attitude indicator, turn needle, and ball to ensure a "ball park" attitude in balanced flight - then resume an efficient instrument scan.
4. Power changes result in changes in rotor attitude, fuselage attitude, and the relationship between the two. Increasing collective causes the nose to pitch up, yaw right, and roll right. Decreasing collective pitch has the opposite effect; hence, immediately following power changes, the airspeed indicator takes on added importance. Because of the design characteristics of the TH-57, these attitude changes are relatively small when compared with other helicopters.

5. Throughout this manual, when the term "attitude" is specified in terms of directly measurable quantities (i.e., 5° to 10° nose down, 15° AOB, wings level, etc.), then the term applies to fuselage attitude; however, when attitudes are specified in terms of airspeed or rate of turn (i.e., 80 KIAS climbing attitude, standard rate turn wing attitude, etc.) the rotor attitude is of primary concern.

Trim and Scan

The TH-57C is equipped with both a force trim system and a 3 axis stability system, “MINISTAB”. For large attitude changes (i.e. 5 knot airspeed corrections), depress the force trim/maneuver button, set the desired attitude, release the button, and then hold the attitude steady for one second. The MINISTAB will now maintain the new attitude. However, in instrument flying, many corrections are very small. For small corrections working against the trim may be desirable. Depressing the force trim/maneuver button first defeats the purpose of the force gradient springs (“artificial feel”) to provide stability for small corrections. By working against the trim, there will be some resistance to work against to reduce the tendency to over control. This is called the “fly through feature” of the MINISTAB system. Also, by working against the trim, you only change the MINISTAB attitude retention in the axis of movement while retaining the attitude retention of the unaffected axis. For example, during an approach, moving the cyclic against the trim in the pitch axis and then holding the new attitude steady for one second can make an airspeed correction while retaining the attitude retention for roll and yaw. Depressing the force trim/maneuver button will cancel the attitude retention in all three axes, pitch, roll and yaw, until the button is released and all three axes are steady for one second. Exerting light pressure on both pedals at the same time, moving the pedals, then releasing the pressure trims the pedals. When checking if the aircraft is trimmed, relax on the controls. If the attitude remains steady the aircraft is trimmed, if it does not, it is not trimmed.”

Scanning is the ability to view and interpret all cockpit instruments to achieve a desired effect. The instrument pilot uses performance gauges to keep the aircraft under control, and navigation instruments to keep the aircraft over a known geographic position. By organizing the scan, eliminating unnecessary instruments from the scan, and trimming the aircraft, scan becomes more efficient and quicker.

Group the instruments by categories to narrow your scan down to essentials. The shaded instruments in Figure 3-1 are position indicators.
Time and altitude are read from the clock and altimeters respectively, leaving the rate gauges.

The rate gauges, Figure 3-2, are the airspeed (rate of motion), IVSI (rate of climb or descent), and turn & slip (rate of turn) indicators. They enable the pilot to keep the aircraft under control. In order to best maintain a desired set of parameters (altitude, heading), you should not dwell on where you are (altimeter, RMI), but rather you should more frequently scan the gauges that tell you where you are going (IVSI, turn needle). By developing a very rapid scan of the three rate instruments and using good trim technique, the pilot will develop good basic instrument skills.
Safety Notes and Common Errors

The most common error in attitude instrument flying is over-controlling the aircraft and not developing a thorough understanding of the performance information displayed by the instruments.

1. Instrument scan breakdown (fixation).
2. Poor trim.

302. INSTRUMENT TAKEOFF (ITO)

Maneuver Description and Application

[Reference: NATOPS Flight Manual (Instrument Takeoff), NIFM Paragraph 18.2.1.2 (Rotary-Wing ITO)].

The purpose of the instrument takeoff is to safely transition to forward flight in instrument meteorological conditions. It is important to emphasize that OPNAVINST 3710.7 defines IMC as lack of a visible horizon rather than entry into the clouds. The following is a list of situations in which the ITO is commonly utilized by fleet helicopters:

1. Night shipboard takeoffs.
2. Brownout and whiteout takeoffs.
3. Transition to forward flight from a hover after conducting an overwater rescue.
4. Recovery from an unusual attitude in a hover.

Procedures

1. With clearance for takeoff and a five-foot hover check completed, the instructor will position the aircraft on the runway aligned with runway heading and transfer the controls.

2. Trim the controls in the neutral position. Smoothly and slowly raise the collective until light on the skids. Adjust the controls to prevent drift. As the aircraft leaves the runway surface, smoothly and slowly lower the nose to no more than 3° below the horizon. Simultaneously raise the collective until 5% above hover torque is attained.

3. Maintain takeoff power, confirm you are in a climb, remain wings level, and maintain runway heading with pedals.

4. Upon reaching translational lift, smoothly lower the nose to no more than 5° below the horizon and recheck torque.

5. Maintain runway heading with pedals with wings level until reaching 65 KIAS.
6. Upon reaching 65 KIAS, center the ball and maintain runway heading with wing attitude. Climb to 400 feet above the departure end of runway elevation before making an initial turn.

**NOTE**

For training syllabus instrument departures from NAS South Whiting under VMC conditions only, departure turns will normally be initiated at 200 feet AGL in order to prevent conflicting with VMC course rules traffic.

7. Maintain power and attitude until reaching 70 KIAS. Upon reaching 70 KIAS maintain 70 KTS climb attitude with takeoff power until reaching the level-off point, the level-off point will be computed by subtracting 10% of the climb rate from level off altitude.

**Amplification and Technique**

1. After clearance for takeoff is received, the instructor will perform a five-foot hover check on the runway to determine hover torque. The aircraft will then be positioned on the runway and aligned with the runway heading. He will transfer the flight controls to the SMA.

2. Your instructor will provide torque advisories. As the aircraft leaves the runway surface, the miniature aircraft in the attitude indicator is slowly lowered to no more than 3º below the horizon bar and the collective simultaneously raised until 5% above hover torque is attained. Although your instructor is giving you power advisories, you must continue to scan and control torque yourself.

3. Passing through effective translational lift, some nose attitude adjustment will be necessary to prevent the nose from pitching up and slowing the aircraft acceleration (pendulum effect). Reposition the nose attitude to no more than 5º below the horizon.

4. Maintain runway heading *with pedals* and a wings level attitude until reaching 65 KIAS.

**Common Errors and Safety Notes**

1. Over-controlling nose attitude. In the event of a power loss on takeoff, a nose low attitude in excess of 5º near the ground can gravely complicate the ensuing autorotation.

2. Failing to effectively control the nose during the transition through translational lift.

3. Failing to maintain runway heading with rudder pedals during the initial portion of the takeoff. If obstacle clearance is to be maintained, it is vital to maintain the runway heading with the pedals until a safe climb rate is reached.

4. Failure to maintain takeoff power until 70 KIAS, particularly passing through translational lift and beyond.

5. Ensure a positive rate of climb is maintained at all times. Turns will not normally be initiated until at least 400 feet AGL.
Crew Resource Management

1. ITO
   a. PNAC ensures completion of ITO Checklist. (Situational Awareness)
   b. PNAC briefs Instrument Departure. (Communication)
   c. PNAC provides torque advisories to PAC. (Communication)
   d. PNAC monitors engine and flight instruments and confirms aircraft is climbing. (Situational Awareness)
   e. PAC assigns instrument flight responsibilities for PNAC. (Leadership)

2. Instrument Departure
   a. PAC directs PNAC to update NAVAIDs and radio frequencies. (Leadership)
   b. PNAC ensures PAC complies with departure instructions. (Situational Awareness)

303. STRAIGHT AND LEVEL FLIGHT

Maneuver Description and Application

[(Reference: NIFM Paragraph 18.3 (STRAIGHT AND LEVEL FLIGHT)].] A flight maneuver where altitude, heading and airspeed are held constant.

Common Errors and Safety Notes

1. Failure to trim the aircraft properly.
2. Failure to keep the ball centered.
3. Fixation on an instrument or group of instruments at the exclusion of others, contributing to a breakdown in the scan necessary to maintain straight and level flight.

304. LEVEL SPEED CHANGE

Maneuver Description and Application

The level speed change is taught so the pilot may learn the proper control coordination and instrument interpretation as the aircraft varies airspeed. A pilot will apply level speed change skills when transitioning from cruise flight conditions to a holding pattern, slowing the aircraft when requested by the controlling agency in order to provide proper spacing of aircraft, or accelerating to cruise airspeed upon reaching cruising altitude. The constants are heading and altitude.

3-6 BASIC INSTRUMENTS
Procedures

1. **Trim** the aircraft at 80 KIAS on assigned heading and altitude.

2. **Reduce** collective and adjust wing attitude and pedals to maintain heading and ball centered. Apply aft cyclic to slow the aircraft to 70 KIAS and stabilize momentarily.

3. **Increase** collective and adjust wing attitude and pedals to maintain heading and ball centered. Apply forward cyclic to accelerate the aircraft to 100 KIAS and stabilize momentarily.

4. **Reduce** collective and adjust wing attitude and pedals to maintain heading and ball centered. Apply aft cyclic to slow the aircraft to 80 KIAS. Stabilize.

Amplification and Technique

Scan wing attitude, ball, and heading to ensure they remain constant. Scan IVSI and maintain altitude with aft cyclic application. This will give an immediate indication of tendency to climb or descend. Apply enough cyclic to prevent a descent but not so much that the aircraft balloons. Approaching the new airspeed, will probably be necessary to adjust collective and cyclic slightly to maintain each new airspeed while holding altitude.

Common Errors and Safety Notes

1. Failure to stabilize prior to each speed change.

2. Rushing the maneuver, causing scan to lag behind the pace of the maneuver.

3. Failure to anticipate the new airspeed that results in decelerating or accelerating beyond the desired airspeed.

4. Allowing the aircraft to drift off heading due to the wings not being level or the ball not being centered. Remember from the earlier discussion on attitude instrument flight, increasing collective pitch causes the nose to pitch up, yaw right and roll right and decreasing collective pitch has the opposite effect. Effective anticipation of these nuances will improve performance of this maneuver.

5. Fixating on the airspeed indicator. An effective scan will result in rapid glances at the airspeed indicator to check progress with the great bulk of the scan being devoted to maintaining basic airwork, altitude, heading, and trim.

6. Failure to scan the IVSI and climbing or descending off altitude.
CHAPTER THREE

305. STANDARD RATE TURNS TO HEADING

Maneuver Description and Application

[(Reference: NIFM Glossary, Paragraph 15.4 (TURN AND SLIP INDICATOR)).]

Standard rate turns are taught so the pilot will learn the proper attitudes and AOB required at different airspeeds to maintain the standard turning rate of 3° per second. A pilot will apply the standard rate turn in many instrument maneuvers to include: procedure turns, holding patterns, and turn-in precision approaches. The constants are altitude and airspeed.

Procedures

1. Once assigned a new heading, compute time to turn at a standard rate of 3° per second (i.e., 90° turn ÷ 3°/sec = 30 sec).

2. Smoothly roll into standard rate turn three seconds prior to the time the turn should commence. Check turn needle with ball centered to confirm rate of turn.

3. Check the progress of the turn at least every 15 seconds for 45° and 10 sec for 30°. Increase or decrease AOB as required to complete turn on time.

4. Lead rollout sufficiently to finish on assigned heading.

Amplification and Technique

1. The AOB for a standard rate turn will vary with different airspeeds; as airspeed increases, AOB necessary for a standard rate turn will also increase. Confirm you are turning at a standard rate by checking the turn needle, then, return your scan to the attitude indicator.

2. Rollouts from standard rate turns should be commenced at a point prior to the rollout heading equal to 1/2 the number of degrees of the AOB used for the standard rate turn (i.e., 20° AOB requires a 10° lead).

Common Errors and Safety Notes

1. Failure to initially roll into a good standard rate turn and maintain the required AOB due to a breakdown in scan.

2. Failure to lead the rollout heading properly, resulting in overshooting or undershooting the desired rollout heading.

3. Failure to keep the ball centered. An aircraft flown out of balance will not bank as anticipated and will be more difficult to maintain on assigned altitude.
4. Failure to maintain airspeed/attitude. Remember, if you have not changed your power setting and you observe a change in IVSI, you have probably inadvertently over-controlled the nose pitch. Failure to take advantage of the instantaneous indication provided by the IVSI in this instance will result in a change in altitude and airspeed.

306. TURN PATTERN

Maneuver Description and Application

[(Reference: NIFM Paragraph 18.5 (ROTARY-WING INSTRUMENT FLYING), Paragraph 18.2.2 (Steep Turns)).]

This maneuver will help the pilot learn the proper corrections necessary to maintain altitude and airspeed while making extended turns with varying AOB. The turn pattern consists of level, constant airspeed, constant altitude turns and reversals using 10°, 20°, and 30° AOB for 90°, 180°, and 360° turns, respectively.

Procedures

1. Trim the aircraft at 80 KIAS on assigned altitude and cardinal heading.

2. Initiate a turn in either direction utilizing 10° AOB for 90° of heading change. After 90° of turn, reverse the turn at 10° AOB for 90° of heading change. Maintain airspeed and altitude.

3. After the second 90° of turn, reverse the turn and roll into a 20° AOB for 180° of heading change. After 180°, reverse the turn and use 20° AOB for 180° in the opposite direction. Maintain airspeed and altitude.

4. After the second 180° of turn, reverse the turn at 30° AOB for 360° of heading change. After the 360° of turn, reverse the turn at 30° AOB for 360° of heading change. Maintain airspeed and altitude.

5. After the second 360° of turn, roll wings level on heading, altitude, and airspeed.

Amplification and Technique

1. The reversals will begin at a point prior to the reversal heading which is 1/2 the number of degree AOB. For instance, 10° AOB turn should be reversed 5° prior to the reversal heading.

2. Little or no power change is required for the 10° AOB turn, but some additional power may be required for the 20° AOB turn, and usually a definite power increase will be required to maintain altitude for the 30° AOB turn.
Common Errors and Safety Notes

1. Failure to maintain the proper AOB due to a breakdown in scan and trim techniques.

2. Failure to maintain altitude and airspeed because of a need for additional power in the steeper AOB turns.

3. Ballooning during reversal due to poor power management/scan breakdown.

4. Failure to scan IVSI for climb/descent trends. Watch tendency to pull the nose up or allow it to fall during reversals.

5. Failure to begin reversals on the appropriate heading.

6. Failure to keep ball centered during reversals.

7. Failure to roll out of a turn at the same rate at which SMA rolled into the turn.

307. VERTICAL S-1 PATTERN

Maneuver Description and Application

[(Reference: NIFM Paragraph 18.4 (CLIMBS AND DESCENTS), Paragraph 19.2.1 (Vertical S-1, S-2, S-3, S-4)).]

The vertical S-1 pattern is a proficiency maneuver that develops control coordination while climbing and descending at a standard rate. The vertical S-1 will be performed with airspeed and heading as constants.

Procedures

1. Trim the aircraft at 80 KIAS on a cardinal heading and assigned altitude.

2. Three seconds prior to a cardinal time, smoothly adjust power to establish a 500 feet per minute rate climb or descent. Continue maneuver for one minute (500 feet of altitude change). Check progress of maneuver at least every 15 seconds. Adjust power as required to complete maneuver on time. Maintain heading and airspeed.

3. At an altitude of 10% of the Vertical Speed Indicator (VSI) reading prior to level off altitude, adjust power and attitude to level-off on altitude, heading, and airspeed.

4. Trim the aircraft at 80 KIAS on assigned heading and new altitude for one minute.

5. Three seconds prior to the cardinal time, smoothly adjust power to establish a standard rate descent or climb in the opposite direction of the first half of the maneuver. Continue maneuver for one minute (500 feet of altitude change). Check progress of maneuver at least every 15 seconds. Adjust power as required to complete maneuver on time. Maintain heading and airspeed.

3-10 BASIC INSTRUMENTS
6. At an altitude of 10% of the VSI reading prior to level off altitude, adjust power and attitude to level-off on altitude, heading, and airspeed.

7. Trim the aircraft at 80 KIAS on assigned heading and altitude.

**Amplification and Technique**

1. The maneuver commences on any cardinal heading and assigned altitude (five hundreds or even thousands of feet such as 1500 or 2000 feet) and three seconds prior to the second hand of the clock reaching a cardinal time (3, 6, 9, 12). Transitions to climbs or descents are made by adding or decreasing sufficient power to attain a 500 feet per minute rate climb or descent while maintaining 80 KIAS. Performance should be checked periodically to ensure 125 feet altitude change for every 15 seconds of elapsed time. Corrections must be made immediately in order to maintain the desired performance.

2. If other than 500 fpm climb or descent is being held, lead the level off by 10% of rate of climb/descent (i.e., 10% of 600 fpm is 60 feet) prior to level off altitude or as required.

**Common Errors and Safety Notes**

1. Failure to maintain 80 KIAS in the climb or descent. Avoid the tendency to allow the nose to pitch up when adding power for the climb and pitch down when reducing power for the descent. Scan must be rapid and thorough in order to maintain the constants and detect and correct any developing errors while they are still small.

2. Failure to maintain ball in the center.

3. Failure to scan the IVSI for climb/descent trends.

**308. OSCAR PATTERN**

**Maneuver description and application.**

[(Reference: NIFM Paragraph 18.5 (ROTARY-WING INSTRUMENT FLYING), Paragraph 19.2.3 (OSCAR Pattern)).]

The Oscar pattern is a maneuver combining the use of standard rate turns and standard rate climbs and descents, which are designed to develop the pilot's scan proficiency. The Oscar pattern will be performed with airspeed as the constant.

**Procedures**

1. Trim the aircraft at 80 KIAS on a cardinal heading and assigned altitude.

2. Three seconds prior to a cardinal time, smoothly adjust power to establish a 500 feet per minute rate of climb or descent while simultaneously rolling the aircraft into a standard rate turn to the left or right. Continue maneuver for two minutes (1000 feet of altitude change, 360° of turn). Check
progress of maneuver at least every 15 seconds. Adjust power and AOB as required to complete maneuver on time. Maintain airspeed.

3. At an altitude of 10% of the VSI reading prior to level off altitude, adjust power, AOB, and attitude to level off on altitude, heading, and airspeed.

4. Trim the aircraft at 80 KIAS. Maintain heading and altitude for one minute.

5. Three seconds prior to the cardinal time smoothly adjust power to establish a 500 feet per minute rate of climb or descent while simultaneously rolling the aircraft into a standard rate turn. Descend/climb and turn in the opposite direction of the first half of the maneuver. Continue maneuver for two minutes (1000 feet of altitude change, 360° of turn). Check progress of maneuver at least every 15 seconds. Adjust power and AOB as required to complete maneuver on time. Maintain airspeed.

6. At an altitude of 10% of the VSI reading prior to level off altitude, adjust power, AOB, and attitude to level-off on altitude, heading, and airspeed.

7. Trim the aircraft at 80 KIAS on new heading and altitude.

**Amplification and Technique**

1. The clock, altimeter, directional gyro, and ball should be checked to ensure a standard rate turn and a 500 fpm climb or descent, have been established in balanced flight. Adjustments to attain proper altitude should stay within 500+200 fpm as required. There should be a heading change of 45° every 15 seconds with a simultaneous climb/descent of 125 feet.

2. If for any reason the rollout heading or level off altitude is not reached as the second hand of the clock reaches the cardinal time, the turn and climb/descent will be completed on the desired heading and altitude rather than on time.

3. The rollout heading should be led by 1/2 the number of degree of the AOB used for the standard rate turn.

4. The important thing is to get off to a **standard rate START**. If you miss the first 15 seconds of timing, do not worry; pick it up after 30 seconds. Get a good rate of climb/descent and turn right at the start.

**Common Errors and Safety Notes**

1. Failure to stabilize prior to climb/descent.

2. Failure to maintain a standard rate turn and climb/descent. Scan VGI and IVSI for AOB and climb/descent trends.

3. Letting airspeed vary. This can result in an unwanted rate of climb/descent and turn.

4. Fixating on one parameter of the maneuver (e.g., standard rate turn) allowing the other (e.g., climb) to deteriorate.
5. Failure to keep ball in the center. An aircraft flown out of balance will exhibit characteristics varying from those normally expected at a given AOB and power setting.

6. Allowing the aircraft to pitch up or down during power adjustments, hence causing loss of airspeed control.

309. INSTRUMENT AUTOROTATION (SIMULATOR ONLY)

Maneuver Description and Application

Instrument autorotations are practiced to develop the confidence and ability to execute a safe autorotative descent in the event of an engine failure under IMC.

Procedures

1. The instructor will initiate the maneuver by inducing an engine failure or simulating an emergency that ultimately leads to an engine failure.

2. Establish a stable autorotative descent. Adjust nose attitude to 60 KIAS and collective to maintain rotor RPM between 90 and 107% (94 – 95% optimum).

3. Turn to the direction of the last known wind.

4. Ensure harness is locked, give a MAYDAY report, and set the transponder to emergency (7700).

5. Time and altitude permitting, consider executing Engine Restart in Flight Procedures.

If VMC is encountered above 200 feet AGL:

6. Continue flight in VMC and transition to Full Autorotation procedures.

If still IMC when passing through 200 feet AGL:

7. Level the wings even if not headed into the wind.

8. At 150 feet AGL, ensure collective is full down.

9. At 75 to 100 feet AGL, smoothly establish an 8 to 10 degree nose up attitude (flare) on the attitude indicator (depending on gross weight and wind conditions) to reduce groundspeed and rate of descent.

10. At 10 to 15 feet AGL, coordinate up collective and forward cyclic to slow the rate of descent and lower the nose to level attitude. Maintain heading with the pedals.

11. Level the skids prior to touchdown. Use collective as necessary to cushion the landing and touchdown with 0 to 10 knots of groundspeed.
Crew Resource Management

PNAC scans outside to locate VMC and reports breaking out. (Situational Awareness, Communication)

PAC transitions to visual procedures once VMC. (Mission Analysis, Adaptability/Flexibility)

PNAC backups flying pilot on the gauges, reporting critical altitudes (i.e., “200 feet”). (Situational Awareness, Communication)

PAC provides feedback to PNAC (i.e., Roger, 200 feet, leveling the wings”). (Situational Awareness, Communication)

PNAC verifies correct control input (i.e., “Collective is full down”). (Situational Awareness, Communication)

PNAC reports incorrect control inputs and proper action to take (i.e., if PAC reports “150 feet, flare”, PNAC reports “Negative, collective full down”). (Leadership, Situational Awareness, Assertiveness)

Amplification and Technique

1. Since time may be short, the format of the MAYDAY report should place the higher priority items first. For example, "MAYDAY, MAYDAY, MAYDAY, Navy 8E050, Crestview VORTAC, 225 radial, 15 miles, (simulated) engine failure."

2. This is a high workload maneuver for the PAC – PAC may direct PNAC to “lock, talk, and squawk.”

3. At some time during the maneuver, you will enter VMC, though the break out altitude may vary. During the first block of training, you will have sufficient time to transition to Engine Failure at altitude procedures and set up for a suitable landing site. As you become more experienced with the maneuver, you will have less time/altitude for visual procedures. Toward the end of your instrument simulator training, you may be challenged to execute the entire maneuver – including touchdown – under IMC.

Common Errors and Safety Notes

1. Failure to maintain 60 KIAS in the descent.

2. Slow, insufficient or incorrect control inputs.

3. Failure to maintain heading with pedals.
4. Using the attitude indicator, turn needle, and ball to ensure a coordinated turn in balanced flight of not more than 30º AOB for the turn into the wind. This will prevent the nose from falling through or ballooning during the turn.

310. INSTRUMENT AUTOROTATION

Maneuver Description and Application

Instruments autorotations are practiced to ensure IP’s remain proficient at executing autorotative descents in the event of an engine failure under actual IMC.

Procedures

1. The instructor will initiate the maneuver by announcing “simulated” and rolling the twist grip to flight idle.

2. Establish a stable autorotative descent. Adjust nose attitude to 60 KIAS and collective to maintain rotor RPM between 90 and 107% (94 – 95% optimum).

3. Turn to the direction of the last known wind.

4. Check $N_g$ at flight idle RPM. Report $N_g$ and $N_r$.

5. Ensure harness is locked, give a simulated MAYDAY report, and simulate setting the transponder to emergency (7700).


7. Upon reaching 1000 feet MSL, or higher at the discretion of the Stan IP, transition to Engine Failure at Altitude procedures and set up for an appropriate landing site.

8. No lower than 400 feet AGL, initiate a waveoff to be completed no lower than 300 feet AGL.

9. Return to original altitude and airspeed unless otherwise directed.

311. PARTIAL PANEL

Maneuver Description and Application

[(Reference: NIFM Paragraph 18.6 (PARTIAL PANEL FLIGHT)].

1. A partial panel situation exists anytime there is a failure in one of the primary flight instruments necessary for flying or navigating in instrument conditions, and the pilot’s scan must shift to the secondary and standby instruments. Partial panel work is practiced to increase the pilot’s ability to control and maneuver the aircraft in IMC when such a degraded instrument condition exists.
2. Generally, partial panel situations are divided into two categories: (1) attitude indicator/attitude gyro failures and (2) heading indicator/directional gyro failures. Paragraphs 311 through 315 discuss these emergencies in detail.

312. PARTIAL PANEL, ATTITUDE GYRO FAILURE

Maneuver Description and Application

[(Reference: NIFM Paragraph 18.6.2 (ATTITUDE INDICATOR FAILURE); NATOPS paragraph 14.28.7).]

1. The attitude indicator is important for instrument flight; it provides an indication of the aircraft’s general pitch and roll attitudes. Failure of the attitude gyro requires the pilot to combine the indications from the other instruments to determine overall aircraft attitude. Should a failure occur while in IMC, the pilot must be proficient in controlling the aircraft without the use of the attitude gyro/indicator. Therefore, all pilots must be proficient at controlling the aircraft under instrument conditions without the use of this instrument should it fail.

2. As discussed previously, there is no instrument that measures rotor attitude, and no direct relationship between a helicopter’s nose and rotor attitude. As a result, a helicopter pilot must always incorporate into his instrument scan those secondary instruments that measure rotor attitude indirectly: the airspeed indicator, turn and slip indicator, and VSI. During a partial panel condition (failed attitude gyro), those secondary instruments – already in the helicopter pilot’s scan – become the primary means of controlling and adjusting the aircraft’s attitude.

1. When flying under partial panel condition (failed attitude gyro) the pilot should anticipate a slight lag in these secondary instruments, especially when power adjustments produce changes in rotor/fuselage attitude and in the amount of “ball” required for balanced flight. Failure to anticipate and react to changes normally results in overcontrol and correction oscillations.

4. Failed attitude indicators, which may degrade rapidly or gradually with gyroscopic precession, are inherently and often severely vertigo-inducing. Refer to paragraph 317 for partial panel spatial disorientation/vertigo recovery procedures.

Procedures

Stabilize the aircraft straight and level in balanced flight. Keep attitude corrections and power changes small. Execute NATOPS emergency procedures.

Amplification and Technique

1. With the loss of the artificial horizon or attitude indicator, the pilot must use the airspeed indicator, IVSI, or altimeter for pitch axis information (nose attitude). In partial panel flying, the turn and slip indicator (needle and ball) becomes the primary roll axis (wing attitude) scan instrument. This instrument will indicate to the pilot if wings are level or turning and how fast
the pilot is turning when augmented with information provided by the heading indicator or wet compass.

2. All corrections for attitude deviations must be small due to the sensitivity of the turn needle and its tendency to oscillate rather than remain stable and with a given attitude or AOB. It is extremely important to have the ball centered or the needle will give information that, while accurate, can easily be misinterpreted.

3. If the aircraft is trimmed with the ball centered, only minor pedal application will be necessary unless the power is changed, regardless of the bank angle.

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<tr>
<td></td>
<td>Roll (wing)</td>
<td>Needle-Ball</td>
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<td>Heading</td>
</tr>
</tbody>
</table>

**Figure 3-3 Secondary Instrument Functions, Partial Panel**

**Common Errors and Safety Notes**

1. A pilot should always be aware the possibility of experiencing vertigo is much greater when operating partial panel. Do not be apprehensive about confessing you are experiencing vertigo.

2. Trust the instruments, especially when partial panel.

3. Pilots who “walk the pedals” unconsciously will be unable to maintain a wings level attitude and may encounter dangerous lateral oscillations.

4. Report any aircraft malfunction that, in the pilot’s opinion, seriously affects SMA’s ability to continue in IFR conditions.

5. Take care not to overreact to turn needle movement. Stay smooth.
313. PARTIAL PANEL, DIRECTIONAL GYRO FAILURE

Maneuver Description and Application

[Reference: NIFM paragraph 15.1 (COMPASSES), paragraph 18.6.1 (Heading Indicator Failure); NATOPS paragraphs 2.18.8, 2.18.9, 14.28.7; FAA Rotorcraft Flying Handbook, 2000].

1. Partial panel situations caused by a directional gyro failure require the use of the standby magnetic compass for heading information. Most standby magnetic compasses (including those in the TH-57) are not gyro-stabilized and are subject to acceleration and oscillation errors, as well as deviation errors caused by local magnetic variation and the influence of nearby electrical loads. As a result, the standby magnetic compass only provides reliable information in during straight and level, balanced and unaccelerated flight.

2. The loss of the directional gyro is an emergency condition, requiring the pilot to execute NATOPS gyro failure emergency procedures, troubleshoot the problem, secure electrical equipment (searchlight, landing light, ECS, defog blower, and pitot heat), and report the problem with a request for radar service from ATC.

3. Until assigned a discrete frequency, pilots experiencing directional gyro failure should expect to make magnetic compass turns, even while receiving radar vectors from ATC. Magnetic compass turns are executed using either the (1) Timed Turn or (2) Lead Point technique. Due to magnetic compass limitations mentioned previously, timed turns are the recommended when making heading changes by reference to the magnetic compass. However, some situations make the lead point technique more practical. Both techniques are discussed below.

314. MAGNETIC COMPASS TURNS (TIMED TURN TECHNIQUE)

Maneuver Description and Application

[(Reference: NIFM Paragraph 15.1 (COMPASSES), Paragraph 18.6.1 (Heading Indicator Failure); NATOPS paragraphs 2.18.8, 2.18.9, 14.28.7)].

1. The loss of the directional gyro is an emergency condition, requiring the pilot to execute NATOPS gyro failure emergency procedures, troubleshoot the problem, secure electrical equipment (searchlight, landing light, ECS, defog blower, and pitot heat), and report the problem with a request for radar service from ATC.

Procedures

1. The instructor will initiate the maneuver either by covering the SMA's directional gyro or by securing electrical power to it. When simulating partial panel conditions, the SMA's attitude gyro will either be covered or caged in a turning attitude.
2. Stabilize the aircraft straight and level in balanced flight. Execute NATOPS emergency procedures.


4. When assigned a heading, determine number of degrees of heading change required and the rate of turn (standard or half standard) to use.

5. Determine the time required to complete the turn.

6. Roll into a standard rate turn in balanced flight on a cardinal time (no 3-second lead).

7. Scan instruments to ensure proper altitude and airspeed is maintained. Occasionally, check clock for rollout time.

8. Roll wings level upon reaching rollout time (no 3-second lead). Stabilize the aircraft straight and level in balanced flight.

9. Check magnetic compass for intended heading. Make final corrections utilizing timed half standard rate turns. Maintain assigned heading and balanced flight.

**Amplification and Technique**

1. For turns of 30º or more, a standard rate (3º per second) turn will be utilized. For turns of 29º or less, use half standard rate (1½º per second) turn.

2. To determine the time necessary for turns greater than 30º, divide the number of degrees of turn required by 3, and this is the number of seconds required to turn.

3. For turns less than 30º, multiply the number of degrees required to turn by 2/3, (or 3 seconds per 5º of turn) and this will be the time in seconds required to turn at a half standard rate.

4. All turns should be started and stopped on a cardinal time (3, 6, 9, or 12 on the clock) and not led by 3 seconds as is done for full panel standard rate turns.

5. The rollout is accomplished on time with no lead and at the same rate of roll.
### Degrees of Turn (Standard Rate) | Timing | Degrees of Turn $\frac{1}{2}$ Standard Rate | Timing |
---|---|---|---|
360 | 2 min | 25 | 15 secs |
180 | 1 min | 15 | 9 secs |
90 | 30 secs | 10 | 6 secs |
45 | 15 secs | 5 | 3 secs |

**Figure 3-4 Timed Turns, Partial Panel**

**Common Errors and Safety Notes**

1. Mathematical errors result in incorrect timing figures.
2. Failure to maintain a standard rate turn.
3. Rough cyclic movements cause erratic turn needle indications.
4. Always ensure the ball is centered.
5. A roll-in and roll-out executed too rapidly for the turn needle to respond correctly.
6. Failure to stabilize and maintain level, balanced flight when interpreting magnetic compass heading information.
7. Failure to fine tune with timed turns at the completion of the turn.
8. Searchlight or landing light will slave the magnetic compass off approximately 15°.

**315. MAGNETIC COMPASS TURNS (LEAD POINT TECHNIQUE)**

**Maneuver Description and Application**

[(Reference: NIFM Paragraph 15.1 (COMPASSES), Paragraph 18.6.1 (Heading Indicator Failure); NATOPS, paragraphs 2.18.8, 2.18.9, 14.28.7)].

1. The loss of the directional gyro is an emergency condition, requiring the pilot to execute NATOPS gyro failure emergency procedures, troubleshoot the problem, secure electrical equipment (searchlight, landing light, ECS, defog blower, and pitot heat), and report the problem with a request for radar service from ATC.

2. When radar vectors are not available, magnetic compass turns will be necessary. Magnetic compass turns are executed using either the (1) Timed Turn or (2) Lead Point technique. Although timed turns (see paragraph 314) are preferred when using the magnetic compass, the lead point method can also be used to roll out of a turn when reaching a predetermined lead point on the magnetic compass.
3. Magnetic turns using the lead point technique are susceptible to magnetic dip error. While the compass card is in a banked attitude in the northern hemisphere, the earth’s magnetic field causes the north-seeking ends of the compass to dip to the low side of the turn, giving the pilot an erroneous turn indication. This error is most apparent on headings of north and south. In a turn from a heading of north, the compass will briefly indicate a turn in the opposite direction; in a turn from south, it gives an indication of a turn in the proper direction, but at a more rapid rate than is actually occurring. In other words, the magnetic compass lags in turns in the northern half of the compass card and leads during turns in the southern half of the card.

4. The dip error must be considered when computing the lead point at which to begin rolling out of a turn, and is particularly noticeable when turning to a heading of north or south. Turns to the north require a normal lead point, plus a number of degrees equal to the flight latitude. Turns to the south require turning past the desired heading by a number of degrees equal to the flight latitude, minus the normal lead. Therefore, the pilot will compensate for lag during turns toward the north by rolling out before reaching that northerly heading (remember: “stay out of the north”). Likewise, the pilot will compensate for lead during turns toward the south by rolling out past that southerly heading (remember: “go through the south”).

5. In the Pensacola area, 30°N latitude is used. The error is greatest in turns to the north and south (in this case, 30°), and least in turns to the east and west (0°). The error is proportionate in the intermediate headings (in this case, an error of 20° at 60° from east and west; 10° at 30° from east and west); thus, the error is 30° when turning to 360 and 180; the error is 20° when turning to 030, 150, 210, and 330; the error is 10° when turning to 060, 120, 240, and 300.

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Figure 3-5 Lead Point Turn Errors, Partial Panel

Procedures

1. The instructor will initiate the maneuver either by covering the SMA's directional gyro or by securing electrical power to it. Securing electrical power is the preferred method, as that is a more realistic representation of actual failure.

2. Stabilize the aircraft straight and level in balanced flight. Execute NATOPS emergency procedures.


4. When assigned a heading, determine the shortest direction to turn and the proper rollout heading (based on magnetic compass latitude error and rollout lead).

5. Roll into a standard rate turn in balanced flight.

6. Scan instruments to ensure proper altitude and airspeed is maintained. Occasionally check magnetic compass for rollout heading.
7. Roll wings level upon reaching rollout heading. Stabilize the aircraft straight and level in balanced flight.

8. Check magnetic compass for intended heading. Make final corrections utilizing timed half standard rate turns. Maintain assigned heading and balanced flight.

**Amplification and Technique**

1. Magnetic compass heading information is reliable ONLY in straight and level, balanced flight. Computed lead points are most accurate when utilizing 12 to 18 degrees AOB.

2. The proper rollout lead is \( \frac{1}{2} \) the AOB. For training purposes, we will use five (5) degrees.

3. The rollout heading is computed by accounting for the magnetic compass latitude error and the rollout lead. For example:

   a. Turns to North: When turning to 360, lead the rollout (stay out of the north) by the 30° latitude error plus the 5° rollout lead. So, when turning left to 360, start the rollout when the compass reads 035 (30° before 360 in a left turn = 030; 5° before that is 035).

   b. Turns to the northern half of the compass: When turning to intermediate northern heading, lead the rollout (stay out of the north) by the appropriate latitude error (10 or 20°), with the 5° rollout lead. For example, when turning right to 330, start the rollout when the compass reads 305 (20° before 330 in a right turn is 310; 5° before that is 305).

   c. Turns to South: When turning to 180, turn past 180 (go through the south) by the latitude error (30°), with the 5° rollout lead. So, when turning right to 180, start the rollout when the compass reads 205 (30° past 180 in a right turn = 210; 5° before that is 205).

   d. Turns to the southern half of the compass: When turning to intermediate southern heading, turn past the heading (go through the south) by the appropriate latitude error (10 or 20°), with the 5° rollout lead. For example when turning right to 150°, start the rollout when the compass reads 165° (20° past 150 in a right turn is 170; 5° before that is 165).

   e. Turns to East or West: When turning to 090 or 270, simply lead the rollout by 5° as you normally would.

4. When given a target heading to fly, the pilot's thought process should follow this line, for instance: "Left to 150 ... that is 20° ... go through the south ... a left turn makes it 130 ... 5° before that makes it 135."

5. A pilot is expected to complete turns within 10° of the desired heading while maintaining airspeed and altitude. Remember, magnetic compass turns are inexact and corrections will likely be necessary once you roll wings level.

6. As a pilot develops magnetic compass skills, the pilot will be able to plan the rollout in the turn to the new heading. SMAs are encouraged to develop this skill as soon as possible because it will help in the failed card approach work in the RI stage.
Common Errors and Safety Notes

1. Incorrect calculation of rollout and lead or lag.
2. Failure to lead the rollout by one-half the AOB (5°).
3. Excessive or insufficient AOB.
4. Failure to stabilize and maintain level, balanced flight when interpreting magnetic compass heading information.
5. Failure to promptly fine tune with timed turns at the completion of the lead point technique turn.
6. Searchlight or landing light will slave the magnetic compass off approximately 15°.

316. SPATIAL DISORIENTATION/VERTIGO RECOVERY (UNUSUAL ATTITUDES)

Maneuver Description and Application

[References: NIFM Chapter 20 (UNUSUAL ATTITUDES)].

1. Spatial disorientation/vertigo recovery techniques are practiced in order to enable the pilot to recover from unintentional, undesirable, or unsafe aircraft attitudes that might be encountered in instrument conditions due to a failure of the attitude indicator or internal or external factors leading to a disorienting physiological condition. In most cases, these attitudes are mild enough for the pilot to recover by reestablishing the proper attitude for the desired flight condition and resuming a normal instrument cross-check.

2. It is not likely the PAC will immediately determine whether the problem is physiologically or mechanically induced. Recovery procedures are designed to be accomplished, from habit, in order to regain control of the aircraft. As in any emergency, CRM is essential; therefore, the pilot executing the recovery will recite the corrective actions aloud and facilitate teamwork during the recovery.

3. After assigning the SMA a base recovery heading and altitude, the instructor may initiate the maneuver using one of the three methods:

   a. Method 1: The IP will fly the aircraft into an unusual attitude while the SMA looks away from the gauges. When the desired attitude has been reached, the instructor will relinquish control of the aircraft to the SMA who will recover from the unusual attitude.

   b. Method 2: With SMA at the controls, IP tells him to close eyes and directs a series of control inputs which should quickly put the aircraft in out-of-balance flight. When aircraft is sufficiently displaced from normal, IP state: “Open your eyes; recover.”
c. Method 3: Unannounced Vertigo Recovery. This method simulates IP succumbing to vertigo while SMA is setting up the cockpit for an instrument approach. While the SMA is setting up cockpit for instrument approach, IP (as PAC) makes incorrect control inputs that go beyond vertigo parameters from NATOPS brief. SMA should note the deviations, make verbal calls to correct, and then come on the controls to recover. In addition to testing the SMA’s Unusual Attitude recovery procedures, this method assesses his CRM assertiveness.

**Crew Resource Management**

1. PAC alerts PNAC if vertigo or disorientation is encountered. (Situational Awareness)
2. PNAC verbally notifies PAC of deviations from established parameters. (Assertiveness)
3. PNAC provides heading, attitude, altitude, VSI, navigational position and other points of reference to PAC. (Situational Awareness)
4. PNAC provides PAC (when experiencing vertigo) verbal corrective control movements. (Assertiveness)
5. PNAC assumes the controls in a timely manner following exceedance of briefed safety of flight parameters and procedures. (Assertiveness)

**Procedures**

(Expedite procedures through step 4.)

1. Level the wings.
2. Level the nose.
3. Center the ball.
4. Set power for 80 KIAS. Stop any climb or descent, and achieve 80 KIAS.
5. Recheck the wings, nose, and ball.
6. Execute a standard rate climb or descent to base recovery altitude.
7. Execute a level standard rate turn to base heading.

**Amplification and Technique**

1. Most aircraft are equipped with independently operating attitude gyros. When attitude reference information is suspect, a crosscheck of the other gyro will likely reveal whether the aircraft is full or partial panel. In reality, the controls would normally be transferred to the pilot.
with the reliable instruments; however, for the purposes of this exercise, you will fly the recovery.

2. Make corrections smoothly and moderately to avoid over-correcting and achieving an opposite unusual attitude, particularly in the case of partial panel recoveries. For instance, over-correcting from a descending left turn could result in a climbing right turn if corrections were made too abruptly or were too great a magnitude. At the discretion of the IP, once the aircraft is in a level flight attitude, recovery altitude and heading can be established simultaneously (i.e., turn to 360 while climbing to 2000 ft).

Common Errors and Safety Notes

1. The two dangerous aspects of unusual attitudes are vertigo and rapid loss/gain of altitude.

2. Avoid rapid, random control inputs as they cause over-controlling and severely complicate the recovery.

3. Making corrections for several errors at once may lead to incorrect instrument interpretation.

4. Low "G" situations and large, rapid cyclic movements can lead to mast bumping.

5. At no time shall airspeed be allowed to decrease below 40 KIAS.

317. PARTIAL PANEL SPATIAL DISORIENTATION/VERTIGO RECOVERY (PARTIAL PANEL UNUSUAL ATTITUDES)

Maneuver Description and Application

[(References: NIFM Chapter 20.3.3 (PARTIAL PANEL UNUSUAL ATTITUDES)).]

1. Failed attitude indicators, which may degrade rapidly or gradually with gyroscopic precession, are inherently vertigo-inducing. With a failed attitude indicator, successful recovery from an unusual attitude depends greatly on pilot proficiency and early recognition of the failure. Attitude indicator failure should immediately be suspected if flight controls were displaced without a corresponding change in the attitude indicator presentation. Additionally, a failed attitude indicator is the likely cause whenever performance instruments (e.g., airspeed, IVSI) begin to contradict the attitude indicator picture.

2. Should an unusual attitude be encountered with (or as a result of) a failed attitude indicator, the pilot must first center the ball to ensure that the secondary gauges are providing accurate information before leveling the wings with the turn needle and stopping any climbs/descents with IVSI.

3. After assigning the SMA a base recovery heading and altitude, the instructor may initiate the maneuver using one of three methods discussed in paragraph 316.
Procedures

(Expedite procedures through step 4.)

1. Center the ball.
2. Level the wings and check the turn needle.
3. Level the nose and check the IVSI.
4. Set power for 80 KIAS, stop any climb or descent, and achieve 80 KIAS.
5. Recheck the ball, wings, and nose.
6. Execute a standard rate climb or descent to base recovery altitude.
7. Execute a level standard rate turn to base heading.

Amplification and Technique

1. During the initial steps of the maneuver, the pilot should check turn needle and ball as the wings/IVSI/nose are leveled. The pilot does this to determine that the attitude indicator is providing accurate information.

2. In the case of partial panel recoveries (as with all partial panel flight) the pilot makes corrections smoothly and moderately to avoid over-correcting and achieving an opposite unusual attitude. For instance, over-correcting from a descending left turn could result in a climbing right turn if corrections were made too abruptly or were of too great a magnitude.

Common Errors and Safety Notes

1. Avoid rapid, random control inputs as they cause over-controlling and severely complicate the recovery.

2. Making corrections for several errors at once may lead to incorrect instrument interpretation.

3. Low "G" situations and large, rapid cyclic movements can lead to mast bumping.

4. At no time shall airspeed be allowed to decrease below 40 KIAS.

5. A common tendency encountered in these recoveries is a failure to properly interpret the aircraft instruments. For example, the pilot will see the attitude indicator in a wings level position with no climb or descent evident. The pilot believes everything is perfectly normal, but has failed to notice the airspeed is decreasing through 40 KIAS due to a low power setting.
Similarly, the pilot has centered the ball, leveled the wings, and leveled the nose, but the pilot’s failure to check the turn needle denied an early opportunity to detect a partial panel condition.

6. Attempting to recover the aircraft by sensory feel rather than by proper instrument interpretation.

7. Fixating rather than continuing an efficient instrument scan.
CHAPTER FOUR
RADIO INSTRUMENTS

400. INTRODUCTION

In the Radio Instrument (RI) Stage of your flight training, you will be introduced to the elements of Instrument Navigation. The Contact and Basic Instrument Stages of your training equipped you with basic flying skills. In the RI stage, these skills will be further refined and built upon to enable you to accomplish a specific objective – to navigate from one point to another.

You will learn to depart one airfield, navigate the airways and maneuver the aircraft for a landing at your destination – all on instruments. This will require you to maintain a constant awareness of your geographical position by operating and interpreting the radio instruments in the TH-57.

You will also practice flight planning and the standard procedures for communicating with Air Traffic Control (ATC) agencies.

In order for you to learn what you need about Radio Instruments, it will be necessary to be thoroughly familiar with this FTI. In addition, you should consult other sources of information including but not limited to:

NATOPS Instrument Flight Manual (NIFM)
TH–57 NATOPS
OPNAV 3710
Aeronautical Information Manual (AIM)
FAA Air Traffic Control manual 7110.65
Federal Aviation Regulations (FAR) Part 91

401. NAVIGATIONAL AIDS

[(Reference: NIFM Part V (NAVIGATIONAL AIDS/FACILITIES AND PROCEDURES), AIM Chapter I (Navigation Aids)).]

Tactical Air Navigation (TACAN)

TACAN is used by the FAA for airways flight and instrument approaches and by the Navy in its tactical control of aircraft. TACAN is a navigational aid that provides azimuth and Slant Range Distance (DME) information to the pilot, precisely determining geographic position at all times. Combination VOR and VOR/TACAN (VORTAC) stations define most airways in the United States. Also, almost all fleet aircraft, naval air stations, and ships conducting helicopter operations are VOR/TACAN equipped.
VORTAC is considered a unified navigational aid, providing VOR azimuth, TACAN azimuth, and TACAN distance (DME) at one site.

TACAN station passage is determined when the range indicator stops decreasing (minimum DME).

When tuning a TACAN station:

1. **Check the NAV receiver panel.** Tune in the proper TACAN channel selecting, "X" or "Y" as appropriate. Ensure the waypoint indicator (WPT) is not flashing by pressing the "USE" button. Ensure the "TACAN" mode is selected and not "TACAN RNAV" or "TAC RNAV APP."

2. **Select NAV 1.** In the TH-57, you must receive DME in order to receive TACAN azimuth. Since there is only one DME receiver in the TH-57, the pilot can receive only one TACAN station at a time.

3. **Select needle modes.** Ensure the “ADF/VOR” selector buttons are in the "VOR" position for TACAN and VOR operation.

4. **Identify the station.** TACAN stations are identified through the DME button on the audio selector panel. The volume cannot be adjusted from the cockpit. Do not select the associated NAV1 button, as this button selects VOR audio only.

5. **Select desired radial.** Twist desired radial information into the CDI or HSI using the Omni-Bearing Selector knob (OBS). Digital radial information may be presented on the DME indicator by selecting the "RAD" button on the NAV receiver panel.

**VHF Onmidirectional Range (VOR)**

The VOR was developed to replace ADF. Its primary advantage: weather does not affect it like it does ADF.

Most VORs are equipped for voice transmission on their respective frequency. VORs without voice capability are indicated by the letter "W" (without voice) included in the class designator (VORW).

Some VOR stations broadcast ATIS or Transcribed Weather Broadcasts (TWEB) on the VHF frequency used for VOR navigation. To hear this information, depress the appropriate NAV button, pull the volume knob out, and adjust volume. Where the frequency 122.1R is listed over a VORTAC frequency box on a Low-Altitude IFR Navigation chart, the pilot may talk to FSS by broadcasting on 122.1 with the VHF radio, then listen for a reply on the VOR frequency through the NAV radio.

The only positive method of identifying a VOR is by its Morse Code identification or by the recorded automatic voice identification which is always indicated by use of the word “IVOR” following the station's name.

4-2 **RADIO INSTRUMENTS**
Station passage occurs when the TO-FROM indicator makes the first positive change to FROM. To tune a VOR station:

1. Select “VOR” mode, tune VOR frequency and push “USE.”

2. Select needle in "VOR" mode.

3. VOR stations are identified by pushing in the NAV1 or NAV2 button on the audio selector panel, pulling out the volume knob on the NAV receiver panel, and adjusting the volume accordingly.

4. Twist in desired radials using “OBS” knob.

Non-Directional Radio Beacon (NDB)

Automatic Direction Finding (ADF) equipment, such as the low-frequency radio compass and UHF/ADF, are normally used as backup navigational aids for more sophisticated navigation equipment such as TACAN, VOR, GPS, or Radar. Frequently, helicopters operating in remote areas do not have this more sophisticated equipment available and LF/ADF or UHF/ADF becomes the primary means of radio navigation. The range of LF/ADF is beyond line of sight, which makes it of special use to low flying helicopters.

*Dip error* in turns causes erroneous bearing indications. Therefore, turns must be made to predetermined headings.

Since ADF receivers do not have a "FLAG" to warn the pilot when erroneous bearing information is being displayed, the pilot must continuously monitor the NDB identification to ensure proper reception.

**NOTE**

If receiver fails, needle will remain in last position when failure occurs.

Station passage is indicated when the ADF needle swings through the 90/270 degree position (falls through the wingtip).

**402. ORIENTATION**

**Maneuver Description and Application**

[(Reference NIFM Paragraph 21.2 (EQUIPMENT AND OPERATION), Paragraph 22.2 (EQUIPMENT AND TRANSMISSION PRINCIPLES), Paragraph 23.1 (AUTOMATIC DIRECTION FINDING)).] Orientation is the procedure for determining aircraft position with respect to the NAVAID.
CHAPTER FOUR TH-57 INSTRUMENT & NAVIGATION

Procedures

1. Tune and identify the station.

2. Ensure the VOR/ADF needle is in the proper position.

3. Determine the radial/course and DME (TACAN/VOR) or bearing/heading (ADF), as applicable.

Amplification and Technique

1. With an operable directional gyro, the head of the ADF needle indicates the magnetic heading to the station from the position of the aircraft. The position of the aircraft relative to the station and magnetic bearing is always on the tail of the needle.

2. The TACAN/VOR indicates the radial on which the helicopter is located and the course to the station will appear under the head of the needle.

3. With a TACAN or VORTAC, slant range from the station is shown by the DME.

Common Errors and Safety Notes

1. If the directional gyro is frozen or will not slave, the ADF needle will still indicate relative bearing to the station.

2. Nearly all disturbances affecting the ADF bearing also affect the facility's identification. Noisy identification usually occurs when the ADF needle is erratic. Voice, music, or erroneous identification may be heard when a steady false bearing is being displayed. Since ADF receivers do not have a "FLAG" to warn the pilot when erroneous bearing information is being displayed, the pilot must continuously monitor the NDB identification to alert him when a signal becomes unreliable.

3. A TACAN/VOR station should not be used for navigation unless it can be identified even though it appears a good lock-on is obtained.

4. TACAN/VOR signals are subject to line of sight restrictions and unlock may occur when the aircraft fuselage or other obstructions interfere with the transmitted signal.

5. TACAN is susceptible to azimuth errors of 40° or multiples thereof (i.e., 80°, 120°, etc.). This may be caused by a weak airborne receiver and rectified by merely re-channelizing the unit.

6. The only positive method of identifying a VOR is by its three-letter Morse Code identification or by the recorded automatic voice identification which is always indicated by use of the word "IVOR" following the station's name.

7. Utilize available backup NAVAIDs to prevent in-flight use of erroneous navigation signals.

4-4 RADIO INSTRUMENTS
8. Apply all that has been presented in this FTI (i.e., NAVAIDs, magnetic compass turns, etc.) in forming a complete understanding of the nuances associated with completing this maneuver.

403. HOMING

Maneuver Description and Application

[(Reference: NIFM Paragraph 21.3.8 (Homing), Paragraph 22.1.1.7 (Homing)).]

Homing is accomplished when the aircraft is turned to place the head of the needle under the top index, and keeping it there. By keeping the needle under the index, the station will always be directly ahead of the aircraft. Since homing does not incorporate wind drift correction, in a crosswind the aircraft follows a curved path to the station.

Procedures

Maintain needle under the top index until station passage.

Amplification and Technique

Homing results in a curved path over the ground unless the aircraft has no crosswind component.

Common Errors and Safety Notes

1. When close to the station, the ADF needle will become very sensitive. Avoid large heading changes when this occurs.

2. Homing is not an approved IFR procedure and should be used only when close to the station.

3. Apply all that has been presented in this FTI (i.e., NAVAIDS, magnetic compass turns, etc.) in forming a complete understanding of the nuances associated with completing this maneuver.

404. TRACKING

Maneuver Description and Application

[(Reference NIFM Paragraph 21.3.7 (Estimating Drift Correction)).]

Tracking is the procedure for determining a magnetic heading which will correct for wind drift and enable the aircraft to maintain a straight track over the ground which coincides with a desired bearing/radial to or from a station, and is the most direct route from one point to another.
CHAPTER FOUR  TH-57 INSTRUMENT & NAVIGATION

Procedures

1. Turn to the inbound or outbound bearing/radial.
2. Apply a wind correction.
3. Correct for drift.
4. Establish a track.
5. Crosscheck for drift.
6. With TACAN/VOR, set CDI/HSI to tracking course.

Amplification and Technique

1. Establish the aircraft on the desired bearing/radial while maintaining the corresponding heading. Ensure proper sensing.

2. When tracking inbound, the head of the needle provides magnetic course information. As the aircraft drifts off course, the head of the needle will drift off in the opposite direction (HEAD FALLS). Utilize the tail of the needle to identify your position relative to the station. Inbound, the tail of the needle will identify the bearing/radial which is to be maintained. It is the reciprocal of the inbound magnetic course. Having drifted off course, determine to which side of the bearing/radial the aircraft has drifted and turn in the proper direction toward the desired bearing/radial to correct the drift error (TAIL RISES).

3. When tracking outbound, utilize the tail of the needle to identify the bearing/radial and course from the station. As the aircraft drifts off course, the tail will drift in the same direction. Turn in the proper direction toward the desired bearing/radial to correct the drift error.

4. Correct towards the new bearing/radial an appropriate amount. The amount of correction required depends on the length of time required to drift off course and the distance from the station. Once established on the desired bearing/radial, turn once again into the wind and establish a crab angle relative to the desired course that will correct for the crosswind component. Cross check the RMI frequently to determine if drift reoccurs. If so, establish a new correction and continue to do so until the correct crab angle is found which accurately compensates for the existing crosswind.

5. When TACAN/VOR tracking utilizing the CDI/HSI, the course deviation bar will drift off center in the same direction as the TACAN/VOR needle for off-course indications. Once drift is detected, select a new heading in the same direction the CDI/HSI has moved. The amount of heading correction will depend on the length of time required to drift off course and distance from the station.
6. Several attempts may be required before the correct amount of drift correction is
determined (bracketing).

Common Errors and Safety Notes

1. Do not over-correct when close to the station. Avoid large heading changes close to the
station.

2. Allow time for corrections to work.

3. Remember, the CDI/HSI is only a secondary reference. The TACAN/VOR needle is the
primary course indicator. If any disparity exists between the CDI/HSI and the TACAN/VOR
needle, utilize the needle for navigation.

4. Apply all that has been presented in this FTI (i.e., NAVAIDs, magnetic compass turns,
etc.) in forming a complete understanding of the nuances associated with completing this
maneuver.

405. INTERCEPTS

Maneuver Description and Application

[(Reference: NIFM Paragraph 21.3 (Procedures)).]

Intercepts are performed in all phases of instrument navigation. Interception is defined as
selecting a heading allowing the interception of a desired bearing/radial at a predetermined angle.

Interceptions fall into these categories: inbound, outbound, and over-the-station (a special type
of outbound interception).

Procedures

1. Tune and identify the station.

2. Determine the bearing/radial you are on.

3. Determine the bearing/radial you want to intercept.

4. Measure the angular difference.

5. Determine the type of intercept procedure required and turn in the shortest direction to
commence the intercept.

6. For TACAN/VOR intercepts, set the CDI/HSI to the new course that will be flown after
turning to initiate the intercept.
Amplification and Technique

1. **Inbound**
   
a. **Benchmark method (45º or less of bearing/radial change):**
   
i. Turn in the shortest direction toward the new bearing/radial to place the head of
   the needle on the appropriate 45º benchmark in the upper half of the RMI (this
   places the tail in a position to rise to the new bearing/radial). Twist the new
   course in CDI/HSI.
   
   ii. Note the aircraft heading.
   
   iii. Hold this heading until nearing the new bearing/radial.
   
   iv. Turn toward the head of the needle, and apply tracking techniques.

   b. **Wingtip method (greater than 45º of bearing/radial change):**
   
i. Turn in the shortest direction toward the new bearing/radial to place the head of
   the needle on the appropriate 90º benchmark. Twist the new course in
   CDI/HSI.
   
   ii. Throughout the intercept, either turn as necessary to keep the head of the needle on
   the wingtip, or approximate the arc by placing the head of the needle 5º to 10º
   above the wingtip and maintain heading until the needle falls 5º to 10º below the
   wingtip. Repeat the procedure as necessary.
   
   iii. Determine the lead radial using 30/DME, and turn toward the station and apply
   tracking techniques.

2. **Outbound**

   a. **Benchmark method (45º or less of bearing/radial change):**
   
i. Turn in the shortest direction toward the new bearing/radial to place the new
   bearing/radial under the appropriate 45º benchmark in the upper half of the RMI
   (this puts the tail of the needle in position to rise to the new bearing/radial).
   Twist the new course in CDI/HSI.
   
   ii. Note the aircraft heading. Hold this heading until nearing the desired
   bearing/radial.
   
   iii. Turn back toward the bearing/radial and utilize tracking techniques away from
   the station.
b. **Wingtip method (greater than 45 but less than 120° of bearing/radial change):**

   i. Turn in the shortest direction toward the new bearing/radial to place the head of the needle on the appropriate 90° benchmark. Twist the new course in CDI/HSI.

   ii. Throughout the intercept, either turn as necessary to keep the head of the needle on the wingtip, or approximate the arc by placing the head of the needle 5° to 10° above the wingtip and maintaining heading until the needle falls 5° to 10° below the wingtip. Repeat the procedure as necessary.

   iii. Determine the lead radial using 30/DME and turn away from the station and apply tracking techniques.

c. **Over-the-station method (greater than 120° of bearing/radial change):**

   i. Turn directly to the station and track inbound.

   ii. After station passage is indicated, turn to parallel the new bearing/radial until the needle stabilizes.

   iii. Twist new course in CDI/HSI.

   iv. Using a 15° to 30° cut, turn to intercept the new bearing/radial and apply tracking techniques.

**Common Errors and Safety Notes**

1. Pay close attention to the speed at which the tail of the needle is rising in determining the proper amount to "lead" your turn to avoid undershooting/overshooting the desired heading.

2. Always ensure the proper navigational aid is tuned and identified, and bearing/radial selected after having identified or tuned a new NAVAID.

3. With TACAN/VOR intercepts, the course selected in the CDI/HSI is the same as the radial if tracking outbound and the course selected is the reciprocal of the radial if tracking inbound. Remember, the CDI/HSI is only a secondary reference. The TACAN/VOR needle is the primary course indicator. If any disparity exists between the CDI/HSI and TACAN/VOR needle, utilize the needle for navigation.

4. Apply all that has been presented in this FTI (i.e., NAVAIDs, magnetic compass turns, etc.) in forming a complete understanding of the nuances associated with completing this maneuver.
406. ENROUTE NAVIGATION

Maneuver Description and Application

[NIFM Part VII (Instrument Flight), AIM]

Enroute navigation is the process of locating and directing an aircraft's position with respect to known ground references, visual or electronic. The Radio Instruments (RI) and Airways Navigation (AN) stages are designed to teach navigation using electronic means such as radar, NAVAIDs, and radio communications. With basic instrument skills employed by the flying pilot, coupled with navigation skills employed by the flying pilot or the non-flying pilot, an aircraft is guided through the departure, enroute, and terminal phases of flight.

Amplification and Technique

1. **Aviate, Navigate, Communicate.** This short statement summarizes the proper alignment of priorities for the aviator and provides some guidance for the delegation of cockpit responsibilities. The first priority is control of the aircraft. Then, if necessary, the SMA may trim the aircraft, pass the controls, and move on to step #2.

2. **A chart and a NAVAID.** At all times, whether under radar control or pilot's navigation, the instrument pilot needs to be receiving some NAVAID, and he needs any chart which depicts that NAVAID on it. Utilize approach plates as well as VFR/IFR charts as required. Move on to step #3.

3. **Where am I? Where am I going?** Utilizing the position indicating instruments (RMI, CDI/HSI, DME/AOM), determine the aircraft's position relative to the selected NAVAID. Narrow the position down to a line, arc, or point on the selected chart. Using the RMI (full card) or standby compass (failed card) determine heading and visualize or draw the aircraft's present vector on the chart.

4. **What is my clearance?** Determine where the aircraft is to be flown, as dictated by a verbal clearance, flight plan, or published route segment. Keeping in mind aviation is movement in three dimensions with the fourth dimension of "time" of importance, the aviator may organize his thoughts by realizing every point on a chart is defined using at least one of three parameters: Positions, Times, and Altitudes. Since the flight plan or published route segment is written down, the pilot need not memorize it, but rather he needs only to identify the next position, time or altitude he must intercept. This is what it takes to "stay ahead of the aircraft."

5. **Fly direct.** Proceed to the next expected position using one of the following methods:
   a. Direct to the station (head of the needle, twist CDI/HSI).
   b. Bearing/radial/localizer intercept.
c. TACAN point-to-point.
d. Climb or descent.

While these steps seem like common sense, improperly executing one of them will lead to disorientation, misorientation, or worse. At no time is a pilot relieved of the responsibility for safe and proper navigation, even under radar control or "just a SMA" or copilot.

Consult the AN stage discussion for further amplification of enroute requirements. Remember, your routing from approach to approach during the RI stage simulates enroute time. Therefore, fuel consumption checks, as discussed in the AN portion of this instruction, are necessary.

407. POINT-TO-POINT NAVIGATION

Maneuver Description and Application

[(Reference: NIFM Paragraph 22.2.3.8 (Technique of Navigating Point to Point)).]

Point-to-point navigation is a procedure used to fly from one TACAN/VORTAC fix to another using a direct track.

Procedure. Tune and ID the Station

Turn immediately to an initial heading (estimate the initial heading by confirming your position on a chart or plan view of an approach plate.) Turn to that heading and then update as follows:

1. Determine whether the present or new fix is farther from the TACAN/VORTAC station.
2. Using the directional gyro as a plotting board and its center as the station, place the farther fix on its radial at the edge of the card.
3. Determine what fraction the DME of the closer fix is of the farther fix. Place the closer fix on its radial on the directional gyro at a distance from the center of the card equal to that fraction.
4. Connect the two plotted fixes with an imaginary line or a straight edge. Move the line to the center of the directional gyro so that it remains parallel to the original line.
5. Read the no-wind heading where this line crosses the directional gyro.
6. Turn to this heading and apply an estimated wind correction.
7. Repeat the procedure frequently.
Amplification and Technique

1. Just as your starting position over the ground is the origin of the point-to-point, so it is on the line plotted on the directional gyro. Always read in the direction from the aircraft position to the desired fix.

2. Recompute the point-to-point frequently to keep errors, and thus corrections required, very small.

3. As you approach the destination fix note the relationship between the rate of change in DME and radial. Adjust heading to have them change at a rate putting you right on the fix.

4. Use of the HSI/CDI, while not required for this maneuver, might assist in the intercept of the new radial.

Common Errors and Safety Notes

1. Failure to adequately account for wind. A pilot can overcome the wind drift with frequent updates of the point-to-point, particularly as he approaches the destination fix.

2. Apply all that has been presented in this FTI (i.e., NAVAIDs, magnetic compass turns, etc.) in forming a complete understanding of the nuances associated with completing this maneuver.

408. HOLDING

Maneuver Description and Application

[(Reference: NIFM Paragraph 20.3.12 (Holding), Paragraph 21.2.3.9 (TACAN Holding), AIM Chapter 5 Section 3 (Holding)).]

Holding is the airborne delay of an aircraft at some identifiable fix such as a station, intersection, or in the case of TACAN/VORTAC holding, a radial/DME as specified by a controlling agency, enroute chart, or approach plate while awaiting further clearance.

Procedures

1. **TIME.** Note time on initial arrival over holding fix.

2. **TURN.** Turn to the appropriate outbound heading.

3. **TIME.** Begin timing when over/abeam the fix, whichever occurs later. If the abeam position cannot be determined, start timing when turn to outbound is completed.

4. **TRANSITION.** Slow to 80 KIAS.

5. **TWIST.** Set inbound course in CDI/HSI if TACAN/VOR holding.
6. **TALK.** Make voice report (PTA).

7. Reaching 1 minute or required DME, turn to intercept holding radial/bearing (remember: tail-radial-turn). Track inbound to the fix. (entry orbit).

8. Reaching the fix, fly the published heading outbound. Turn inbound, time if required (VOR/ADF), intercept radial, and note and apply crab correction and track. (no wind orbit).

9. Reaching the fix, note the time needed to fly inbound (VOR/ADF). Use this information to adjust outbound timing to ensure 1 minute timing inbound. To determine the outbound heading correction, double the amount of the crab angle from step #8, and apply it to the outbound course into the wind. Turn inbound and correct subsequent orbits as necessary. (Wind corrected).

10. Update expected further clearance (EFC) time at least 5 minutes prior to EFC.

**Amplification and Technique**

1. Holding fixes often have published holding patterns; however, some do not. Unless otherwise instructed by ATC, pilots are expected to hold as depicted or in a standard pattern.

The following general information will be given in a holding clearance:

   a. Direction of holding pattern from the holding fix.
   b. Name of the holding fix
   c. Bearing on which the aircraft is to hold.
   d. Left turns if a non-standard pattern is to be used.
   e. Expected further clearance time.
   f. Holding altitude. (Not required if remaining at present altitude).

2. If the controlling agency issues a clearance limit (i.e., “NAVY8E050, your clearance limit is now Bugle intersection, expect further clearance at 50.”) and no further instructions are received, hold in a standard pattern on the inbound course on which the aircraft approaches the fix or as depicted. Maintain the last assigned altitude unless otherwise directed.

3. For intersection holding, the inbound holding radial will be dialed in the pilot’s primary NAVAID and the corresponding HSI/CDI. The secondary NAVAID will be tuned on the other radio and its corresponding needle will be used to identify the intersection.

4. The aircraft is abeam when it is positioned exactly 90° relative to the holding bearing/radial, not necessarily when the needle passes through the 3:00/9:00 (or 90/270) position on the RMI. Remember, your position is always on the tail of the needle.

5. Make all turns standard rate (3° per second).
6. Wind compensation will be made on inbound and outbound headings, not when turning. Once the inbound wind crab correction is determined, this number will be doubled for the outbound course.

7. Since the heading corrections above are based on 1 minute holding patterns, DME holding heading corrections will vary based on the size of the pattern. SMA’s shall use good headwork to determine and refine heading corrections on subsequent orbits.

Common Errors and Safety Notes

1. Upon receipt of holding instructions, ensure the expected further clearance time has been received.

2. If an approach is to be made, ensure all preparations have been made prior to commencing that approach (WRNTB, WAR, etc.). As soon as you are talking to the controlling agency that can provide WAR information, request it. Do not wait!

3. Apply all that has been presented in this FTI (i.e., NAVAIDs, magnetic compass turns, etc.) in forming a complete understanding of the nuances associated with completing this maneuver.

4. See the AIM for holding pattern entries.

5. The TO-FROM flag is not used to indicate the abeam position.

409. ARCING

Maneuver Description and Application

[(Reference: NIFM Paragraph 22.2.3.4 (TACAN Arcs)].]

Arcing provides a means of maintaining a constant DME from a station and is an integral part of TACAN/VORTAC approaches and departures.

Procedures

1. Proceed to the radial and DME at which the arc begins.

2. Turn in the proper direction perpendicular to the present radial.

3. Set the HSI/CDI to the course to be tracked on at the end of the arc.

4. Maintain the desired arc, correcting for wind as necessary until the CDI/HSI begins to center.

5. Turn inbound or outbound on the new radial.
Amplification and Technique

1. Lead turns onto the arc as appropriate. If tracking in or out on a radial to intercept the arc lead the turn by approximately 0.5 DME.

2. There are two techniques used for maintaining the arc:
   a. Make frequent but small heading changes to maintain a constant DME. The head and tail of the needle should remain in a fairly constant position close to the 90/270 degree position on the RMI.
   b. Maintain heading and allow the head of the needle to move 5° to 10° below the wingtip position. Then turn toward the station to place the TACAN/VOR needle 5° to 10° ahead of the wingtip and maintain this heading until the needle is again behind the wingtip.

3. Utilize the following formula for determining the amount lead required to intercept a radial from an arc: 30/DME = RADIAL LEAD.

4. Push “RAD” button in to get LED readout on console for viewing.

Common Errors and Safety Notes

1. Failure to adequately account for wind on the arc.

2. Remember, the CDI/HSI is only a secondary reference. The TACAN/VOR needle is the primary course indicator. If any disparity exists between the CDI/HSI and TACAN/VOR needle, utilize the needle for navigation.

3. Apply all that has been presented in this FTI (i.e., NAVAIDs, magnetic compass turns, etc.) in forming a complete understanding of the nuances associated with completing this maneuver.

410. INTERSECTIONS

Maneuver Description and Application

[(Reference: NIFM Chapter 21 (VOR)].

Intersections are geographic points defined by any combination of radials, or bearings from two or more navigational aids.

Procedures

1. Maintain aircraft on radial until approximately 3 miles prior to the intersection.
2. Tune and identify the new station. Maintain heading/course.

3. Set the new radial or course in the CDI/HSI.

4. As the deviation bar centers, turn to and track on the new radial.

Amplification and Technique

1. These procedures are intended for operation when only one navigational aid and needle is available for navigation and identification of the intersection. In most cases in the TH-57C, intersections will be identified utilizing two NAVAIDs and needles. In this case the flying pilot will be tracking on one needle with the other needle tuned to the intersection-identifying NAVAID. The non-flying pilot will set the SMA’s CDI/HSI to the radial of this identifying NAVAID. When the SMA’s deviation bar centers, turn to and track on the new radial. Retune the other NAVAID once established.

2. Apply all that has been presented in this FTI (i.e., NAVAIDs, magnetic compass turns, etc.) in forming a complete understanding of the nuances associated with completing this maneuver.

Common Errors and Safety Notes

Remember, the CDI/HSI is only a secondary reference. The TACAN/VOR needle is the primary course indicator. If any disparity exists between the CDI/HSI and the TACAN/VOR needle, utilize the needle for navigation.

411. NON-PRECISION APPROACH

Maneuver Description and Application

[(NIFM Paragraph 21.3.12.2 (Approaches), Paragraph 22.2.4 (TACAN Approach Procedures), Paragraph 23.1.2.3 (Approach Procedures), AIM Chapter 5 Section (Arrival Procedures), AIM Chapter 5 Section 5 (Pilot/Controller Roles and Responsibilities)).]

An instrument approach is a navigation procedure used to make effect a safe letdown to an airport while in IMC.

Procedures

1. **Before** reaching the IAF: *(We Need To Brief)*
   a. Obtain Weather, Altimeter, and duty Runway *(WAR)* if ATIS is not available.
   b. Request approach from ATC.
   c. Tune and identify NAVAIDs using TINTS acronym.
d. Compute timing, as required.
e. Brief the approach and copilot duties.

2. \textit{At} the IAF: (6 Ts)
   a. \textbf{TIME.} Note time at IAF.
   b. \textbf{TURN.} Turn to intercept approach course.
   c. \textbf{TIME.} Begin timing outbound when wings level or abeam (VOR/ADF).
   d. \textbf{TRANSITION.} Decelerate to final approach speed of 90 KIAS, descend as required, complete landing checklist.
   e. \textbf{TWIST.} Set desired course in CDI/HSI (VOR/TACAN).
   f. \textbf{TALK.} Make voice report, as required.

Execute approach procedure as depicted on the approach plate, make voice reports as directed, proceed to FAF.

3. \textit{At} the FAF: (6 Ts again!)
   a. \textbf{TIME.} N/A.
   b. \textbf{TURN.} Turn as required, to intercept the final approach course.
   c. \textbf{TIME.} Begin timing, as required (VOR/ADF). As required (VOR/ADF).
   d. \textbf{TRANSITION.} Descend to MDA (allowing for intermediate restrictions), review landing checklist complete.
   e. \textbf{TWIST.} Set inbound course in CDI/HSI (VOR/TACAN).
   f. \textbf{TALK.} Make voice report, as required.

\textbf{Crew Resource Management}

1. PNAC reviews and sets up NAVAIDs for IAP. (Situational Awareness)
2. PNAC gives Approach Brief. (Communication)
3. PAC/PNAC asks controller for clarification of instructions (as needed). (Assertiveness)
4. PNAC ensures lookout doctrine is maintained and reports "airport in sight." (Situational Awareness)
5. PAC ensures landing checklist complete. (Situational Awareness)
6. PAC confirms landing clearance. (Communication)

Amplification and Technique

1. When the instructor tells you to prepare for your next approach or as you approach the airport at which you intend to execute an approach follow the WRNTB (We Really Need To Brief) format as delineated in the procedures above.

2. Transitions from the enroute structure to the initial approach fix (IAF) may occur in the following ways:
   a. Radar vectors to the final approach course. In this case, the pilot is vectored to intercept the final approach course. This saves time and space and eliminates the need for a procedure turn. When being radar vectored to the final approach course maintain 100 KIAS until given the instructions, "cleared for the approach," then transition and complete the landing checks.
   b. Clearance direct to the IAF. When receiving a clearance to the IAF, the pilot should expect to execute the published approach including the procedure turn unless instructed otherwise. The type, degree and point of turn are at the discretion of the pilot when a barbed type pattern is depicted. Students should plan to use the headings provided on the plate and time for 2 minutes outbound before turning. After the turn is complete time of another minute and then begin the inbound turn.
   c. Departing the enroute structure from a "No Pt" fix. In this situation, a pilot should proceed direct to the final approach fix (FAF).

3. Remember, since there is no DME associated with VOR and NDB approaches, the pilot has no idea how close or far from the station the aircraft is located. Therefore, when inbound on an approach, plan a comfortable rate of descent enabling you to reach the MDA before the MAP. The intent is to have sufficient time to acquire the runway environment. Do not descend below the MDA!

4. It is permissible to listen to one turn of ATIS prior to contacting the terminal area controller when the ATIS frequency is located on the same radio you intend to use for primary communications.

Common Errors and Safety Notes

1. Cockpit organization is imperative in completing a successful approach. Utilize backup NAVAIDs to the maximum extent possible. Take best advantage of the acronyms described above to help organize your thoughts and actions.

2. A missed approach shall be executed when runway environment is not in sight at the MAP, when directed by the controlling agency, or when the pilot determines he is unable to continue to a safe landing.
3. In the event of a missed approach, it is imperative that a positive rate of climb be established prior to turning, talking, or twisting. Make the appropriate voice report as soon as practicable once established.

4. If an early missed approach is executed, the pilot shall fly the published approach as specified to the MAP at or above the MDA before executing a turn.

5. Remember, the CDI/HSI is only a secondary reference. The TACAN/VOR needle is the primary course indicator. If any disparity exists between the CDI/HSI and the TACAN/VOR needle, utilize the needle for navigation.

6. Apply all that has been presented in this FTI (i.e., NAVAIDs, magnetic compass turns, etc.) in forming a complete understanding of the nuances associated with completing this maneuver.

**412. TACAN/VOR DIRECTIONAL GYRO FAILURE**

**Maneuver Description and Application**

([(Reference: NIFM Paragraph 18.6.1 (Heading Indicator Failure), Directional Gyro Failure Flight Techniques and Procedures (NATC Booklet)].]

Directional gyro failure procedures are practiced in order to enable the pilot to execute a TACAN/VOR approach with a failed directional gyro.

**Procedures**

1. The instructor will initiate the maneuver by pulling the HSI circuit breaker. This will secure power to the HSI and the RMI card.

2. Stabilize the aircraft straight and level in balanced flight. Execute NATOPS emergency procedures.


4. Level the wings and look at the tail of the needle to determine the radial on which the aircraft is located.

5. Check the wet compass for magnetic heading.

6. Set the appropriate course in the CDI/HSI.

7. Utilizing radial intercept techniques, select an intercept heading then make a standard rate wet compass. Turn to that heading.

8. Upon intercepting the bearing, apply tracking procedures.
9. Utilize full panel procedures for other maneuvers.

**Crew Resource Management**

1. PNAC reviews and sets up NAVAIDs for IAP. (Situational Awareness)
2. PNAC gives Approach Brief. (Communication)
3. PAC/PNAC asks controller for clarification of instructions (as needed). (Assertiveness)
4. PNAC ensures lookout doctrine is maintained and reports “airport in sight.” (Situational Awareness)
5. PAC ensures Landing Checklist complete. (Situational Awareness)
6. PAC confirms landing clearance. (Communication)

**Amplification and Technique**

1. With a failed directional gyro, the TACAN/VOR needle will display magnetic bearing.
2. To avoid confusion and orientation problems, always look at the RMI and NAVAID needles to select an intercept heading. Then, make the turn to that heading utilizing magnetic compass techniques.
3. Depending on the position of the failed directional gyro, you might see the tail of the needle fall and the head rise, contrary to what you are accustomed to seeing.
4. Remember, your heading is on an arc roughly 80º to 100º from the radial you are on at a given time.

**Common Errors and Safety Notes**

1. Failure to remain oriented, often because the position the directional gyro gives turns the pilot around.
2. Failure to stabilize and maintain level, balanced flight when interpreting magnetic compass heading information.
3. Failure to maintain a solid instrument scan due to fixation, resulting in a breakdown of Basic Airwork (BAW).
4. Failure to utilize magnetic compass turn skills learned in the BI stage.
5. Remember, the CDI/HSI is only a secondary reference. The TACAN/VOR needle is the primary course indicator. If any disparity exists between the CDI/HSI and the TACAN/VOR needle, utilize the needle for navigation.
6. Apply all that has been presented in this FTI (i.e., NAVAIDs, magnetic compass turns, etc.) in forming a complete understanding of the nuances associated with completing this maneuver.

413. ADF DIRECTIONAL GYRO FAILURE

Maneuver Description and Application

[(Reference: NIFM Paragraph 18.6.1 (Heading Indicator Failure), Directional Gyro Failure Flight Techniques and Procedures (NATC Booklet)).]

Directional gyro failure procedures are practiced in order to enable the pilot to execute an ADF approach with a failed directional gyro.

Procedures

1. The instructor will initiate the maneuver by pulling the HSI circuit breaker. This will secure power to the HSI and the RMI card.

2. Stabilize the aircraft in straight and level balanced flight. Execute NATOPS emergency procedures.


4. Turn directly inbound or outbound.

5. Level the wings and use the wet compass to determine the bearing on which the aircraft is located.

6. Utilizing bearing/radial intercept techniques, select an intercept reading then make a standard rate wet compass turn to that heading.

7. Upon intercepting the bearing, apply tracking procedures.

8. Utilize full panel procedures for other maneuvers.

Crew Resource Management

1. PNAC reviews and sets up NAVAIDs for IAP. (Situational Awareness)

2. PNAC gives Approach Brief. (Communication)

3. PAC/PNAC asks controller for clarification of instructions (as needed). (Assertiveness)

4. PNAC ensures lookout doctrine is maintained and reports “airport in sight.” (Situational Awareness)
5. PAC ensures Landing Checklist complete. (Situational Awareness)

6. PAC confirms landing clearance. (Communication)

Amplification and Technique

1. With a malfunctioning directional gyro, the Automatic Direction Finder (ADF) needle will display relative bearing.

2. Some pilots utilize a technique where they mentally superimpose the heading from the magnetic compass onto the failed directional gyro when determining intercept headings. This visualization prevents turns in the wrong direction and expedites intercepts.

3. Most Non-Directional Radio Beacon (NDB) approaches depict the 45°/180º procedure turn. Keep in mind the inbound half of the turn is intended to give you a 45º intercept with the FAC. When you roll out on that heading, ensure it is the published 45º heading and wait for the needle to fall to the 45º benchmark. If the intercept heading is wrong, you might find yourself on a shallow intercept with no hope of reaching the FAC prior to the airport.

Common Errors and Safety Notes

1. Failure to remain oriented, often because the position the directional gyro gives turns the pilot around.

2. Failure to stabilize and maintain level, balanced flight when interpreting magnetic compass heading information.

3. Failure to maintain a solid instrument scan due to fixation, resulting in a breakdown of BAW.

4. Failure to utilize magnetic compass turn skills learned in the BI stage.

5. Apply all that has been presented in this FTI (i.e., NAVAIDs, magnetic compass turns, etc.) in forming a complete understanding of the nuances associated with completing this maneuver.

414. GROUND CONTROLLED APPROACH (GCA): PRECISION APPROACH (PAR) AND SURVEILLANCE APPROACH (ASR)

Maneuver Description and Application

[(Reference: NIFM Chapter 25 (RADAR APPROACHES), AIM Chapter 5 Section 4 (Arrival Procedures) Chapter 5 Section 5 (Pilot/Controller Roles and Responsibilities)).]
Radar control is one of the most precise methods used for accomplishing an instrument approach. A radar-controlled approach provides positive separation, sequencing for landing, and assistance in navigation for the pilot during the approach.

A radar approach is accomplished by a controller providing course, glideslope, and range information. The two types of radar approaches are the PAR (Precision) and the ASR (Non-Precision).

Both the PAR and ASR begin with radar positioning or vectors to the final approach course utilizing surveillance radar. During this "transition to final" segment, the controller directs heading and altitude changes as required to position the aircraft on final approach.

Both types of GCA are ground controlled radar approaches, but the PAR is a precision approach and the ASR is not. The primary difference between the two is that glideslope information is provided to the pilot during a PAR but not during an ASR. Consequently, landing weather minima are higher for an ASR than a PAR. Although no glideslope information is available during an ASR approach, the pilot may request the controller to provide recommended altitudes on final.

**Procedures**

1. Obtain Weather, Altimeter, and duty Runway (WAR) if ATIS is not available. *(We Really Need To Brief)*

2. Request approach from ATC.

3. Tune and identify NAVAIDs using TINTS acronym.

4. Timing is not required.

5. Brief the approach and copilot duties.

6. Maintain 100 KIAS until given the instructions, "contact final controller." At that time transition to 90 KIAS and complete the landing checklist.

7. When directed to turn or descend by the controller, execute as soon as the instructions are received.

   a. **PAR:** The PAR starts when the final controller informs the pilot he is on final. When the controller advises the aircraft is “on glideslope”, adjust power to establish the predetermined approximate rate of descent while maintaining both airspeed and assigned heading.

   b. **ASR:** When cleared to descend to the MDA, adjust the rate of descent to ensure reaching the MDA before reaching the missed approach point (map), which is usually located one mile from the landing threshold.
8. Expect landing clearance to be relayed through GCA controller at 3 NM.

Crew Resource Management

1. PNAC reviews and sets up NAVAIDs for IAP. (Situational Awareness)
2. PNAC gives Approach Brief. (Communication)
3. PAC/PNAC asks controller for clarification of instructions (as needed). (Assertiveness)
4. PNAC ensures lookout doctrine is maintained and reports “airport in sight.” (Situational Awareness)
5. PAC ensures Landing Checklist complete. (Situational Awareness)
6. PAC confirms landing clearance. (Communication)

Amplification and Technique

1. Make standard rate turns in the pattern and 1/2 standard rate turns on final.
2. Using information found in the terminal approach charts, determine approximate initial rate of descent and decision height or MDA. Brief this during the approach brief.
3. After a new heading is assigned, the controller assumes it is being maintained and additional heading corrections will be based on the last assigned heading. Fly the assigned heading.
4. In order to facilitate small, smooth, expeditious control corrections and have them result in the desired effect on the aircraft, balanced flight is essential.
5. Read back to the controller all headings, altitudes, altimeter settings, start/stop turn indications, landing clearances and traffic until told, "do not acknowledge further transmissions.” If understood, lost communications, and missed approach may be "rogered". However, if any doubt exists, read the instructions back or ask for clarification.
6. Should the directional gyro fail during flight, comply with the emergency procedures described in the magnetic compass turns paragraphs earlier in this FTI. Remember to advise the controller and request a "no gyro PAR or ASR approach." For training purposes, an attitude gyro failure may also be simulated. In this situation, the pilot will be flying partial panel. The controller will be providing turns to the appropriate directions ("turn left"). He will be advised to make standard rate turns in the pattern and 1/2 standard rate turns on final. Start and stop all turns immediately upon receipt of instructions from the controller.
7. It is permissible to listen to one turn of ATIS prior to contacting the terminal area controller when the ATIS frequency is located on the same radio you intend to use for primary communications.

**Common Errors and Safety Notes**

1. Failure to maintain appropriate rate of turn.
2. Failure to maintain assigned heading.
3. Failure to make appropriate glideslope adjustments.
4. Ensure lost communication and missed approach instructions are obtained from the controller.
5. Avoid excessive power corrections.
6. Never use AOB greater than the number of degrees to be corrected.
7. Resist the temptation to shallow the descent at the end of the approach before continuing visually.
8. If you are unable to comply with instructions alert the controller.

**415. ILS/LOCALIZER/BACKCOURSE (PRECISION) APPROACH**

**Maneuver Description and Application**

[Reference: NIFM Chapter 24 (Instrument Landing System) AIM Chapter 5 Section 4 (Arrival Procedures) Chapter 5 Section 5 (Pilot/Controller Roles and Responsibilities)]

The Instrument Landing System (ILS) is a precision approach system, allowing the pilot to precisely maintain proper glideslope and course, utilizing cockpit instruments, without the need for radar or ground control.

The localizer or back course approach is a non-precision approach that utilizes ILS CDI/HSI information with no glideslope information.

**Procedures**

1. **Before** reaching the IAF: (We Really Need To Brief) - usually within 18 NM of the station.
   a. Obtain Weather, Altimeter, and duty Runway (WAR) if ATIS is not available. (We Really Need To Brief)
   b. Request approach from ATC.
   c. Tune and identify NAVAIDs using TINTS acronym.
d. Compute timing, as required.

e. Brief the approach and copilot duties.

f. Intercept the final approach course as the course deviation bar begins to center.

g. Intercept the glideslope as the glideslope indicator begins to center (ILS approach). Maintain 90 KIAS.

2. *At* the IAF: (6 Ts)

a. **TIME.** Note time, if applicable.

b. **TURN.** Turn as required, to intercept approach course.

c. **TIME.** Start timing.

d. **TRANSITION.** Decelerate to final approach speed of 90 KIAS, descend as required, complete landing checklist.

e. **TWIST.** Set desired course in CDI/HSI (back course approaches, set the front course in the HSI).

f. **TALK.** Make voice report, as required.

Execute approach procedure as depicted on the approach plate, make voice reports as directed, proceed TO FAF.

3. *At* the FAF: (6 Ts again!)

a. **TIME.** N/A

b. **TURN.** Turn as required, to intercept the final approach course.

c. **TIME.** Begin timing inbound (localizer/back course).

d. **TRANSITION.** Descend to DH/MDA, review that landing checklist is complete.

e. **TWIST.** Set inbound course in CDI/HSI (back course approaches, set the front course in the HSI).

f. **TALK.** Make voice report, as required.

g. Continue as cleared.

**Crew Resource Management**

1. PNAC reviews and sets up NAVAIDs for IAP. (Situational Awareness)
2. PNAC gives Approach Brief. (Communication)

3. PAC/PNAC asks controller for clarification of instructions (as needed). (Assertiveness)

4. PNAC ensures lookout doctrine is maintained and reports “airport in sight.” (Situational Awareness)

5. PAC ensures Landing Checklist complete. (Situational Awareness)

6. PAC confirms landing clearance. (Communication)

**Amplification and Technique**

1. The CDI gives proper sensing on front course localizer/ILS approaches regardless of course set with the course select knob when inbound on front course. FAC should still be set to avoid habit pattern disruption. However, on back course localizer approaches, the CDI will show reverse sensing regardless of the course selected by the course select knob when inbound on back course. On back course localizer approaches, the HSI will show reverse sensing unless the front course FAC is selected by the course select knob.

2. During ILS approaches, intercept the glideslope by reducing power (approximately 10 to 15 percent torque) as the glideslope indicators (GSI) begin to center from the top of the CDI/HSI. Maintain 90 KIAS. Once the GSI centers, adjust power to establish the predetermined approximate rate of descent while maintaining both airspeed and heading. Due to the extreme sensitivity of the GSI and CDI/HSI ensure you utilize small, smooth changes in pitch attitude and power setting to remain on glideslope and airspeed.

3. During localizer/backcourse approaches, required altitudes are defined on the approach plate as in any non-precision approach. The approach is non-precision, so apply non-precision procedures.

4. As you approach the airport, the glideslope and glidepath become extremely narrow and, therefore, sensitive.

5. It is permissible to listen to one turn of ATIS prior to contacting the terminal area controller when the ATIS frequency is located on the same radio you intend to use for primary communications.

6. Transitions from the enroute structure to the IAF may occur in the following ways:

   a. Radar vectors to the final approach course. In this case, the pilot is vectored to intercept the final approach course. This saves time and space and eliminates the need for a procedure turn. When being radar vectored to the final approach course maintain 100 KIAS until given the instructions, “cleared for the approach,” then transition and complete the landing checks.

   b. Clearance direct to the IAF. When receiving a clearance to the IAF, the pilot should expect to execute the published approach including the procedure turn unless instructed otherwise.
Common Errors and Safety Notes

1. Failure to make corrections in the proper direction.

2. Normally a course interception angle of 30° to 45° is sufficient as CDI/HSI sensitivity in ILS mode is extremely high. Avoid interceptions of greater than 80°.

3. The ILS glideslope facility provides a path, which flares 18 to 27 feet above the runway; therefore, the glide path should not be expected to provide guidance to touchdown.

4. Do not "fly" the GSI and CDI/HSI; utilize a basic instrument scan to effect immediate, smooth corrections.

5. If a glideslope indicator disappears on the CDI/HSI during the approach, descend no lower than published localizer minima, or if not published, no lower than circling minima for your category aircraft. If course deviation bar is fully deflected when inside of FAF and runway is not in sight, execute missed approach.

6. Do not forget reverse sensing techniques.

416. MISSED APPROACH

Maneuver Description and Application

[(Reference: NIFM Paragraph 30.18 (Missed Approach) AIM Paragraph 5-4-21).]

A missed approach shall be executed when runway environment is not in sight at minimums, directed by the controlling agency, or the pilot is unable to make a safe landing. During your training you will normally be given climb out instructions that will be different than the published missed approach instructions. ATC issues climb out instructions to facilitate smoother traffic flow. Use the below procedures for a missed approach or to execute climb out instructions.

Procedures

1. Set required 70 KIAS climb/100 KIAS cruise POWER.

2. Set required 70 KIAS climb/100 KIAS cruise ATTITUDE. (Check IVSI/altimeter for positive climb indications.)

3. SEARCHLIGHT off.

4. TURN. Turn to comply with missed approach or climb out instructions and direct copilot to tune navigation aids/GPS as appropriate.

5. TALK. Report executing climb out instructions or missed approach, reason for missed approach, and intentions as soon as practicable.

6. GAS. Note quantity.
7. **GAUGES.** Check engine and flight instruments.

**Crew Resource Management**

1. PAC properly performs missed approach when runway environment is not in sight at minimums; unable to make a safe landing; or directed by controlling agency. (Decision Making)

2. PNAC verbally states missed approach instructions to PAC. (Communication)

**Amplification and Technique**

1. It is imperative a positive rate of climb be established prior to turning, talking, or twisting. Aviate, navigate, and then communicate. Nonetheless, be as prompt as possible in reporting the missed approach to tower.

**Common Errors and Safety Notes**

1. Failure to assume a positive rate of climb before doing anything else.

2. Failure to make a complete, timely missed approach call.

3. Failure to make note of the fuel state and plan for further contingencies.

**417. GPS APPROACH**

**Maneuver Description and Application**

[Reference: AIM chapter one, Instrument Navigation Workbook.)] A Global Positioning System (GPS) approach is a non-precision instrument approach based on satellite transmitted positioning information received by on-board equipment and not dependent on ground-based navigation aids.

**Procedures (Full Approach)**

1. **Before** reaching the IAF: *(We Really Need To Brief).*
   
   a. Obtain **Weather**, **Altimeter**, duty **Runway and winds (WAR)** or ATIS/ASOS/AWOS.
   
   b. **Request** approach from ATC.
   
   c. **NAVAIDs:** Load approach into active flight plan.
      
      i. Select airport identifier. (APT page, top of right page)
      
      ii. Select approach. (APT page 8)
      
      iii. Load approach. (into FPL 0)
      
      iv. Select appropriate mode and NAV source on GPS panel.
v. Tune and ID any available back-up NAVAIDs.

vi. Check for other "Transition" points (i.e., step down altitude fixes) published on the approach plate but not included as a waypoint in the GPS approach obtained from the database.

d. Timing does not apply.

e. Brief approach and copilot duties.

NOTE

Ensure approach is armed on GPS panel prior to IAF.

2. At the IAF: (6 Ts)

a. **TIME.** Note time at IAF.

b. **TURN.** Turn outbound on procedure turn or towards next waypoint of the approach as appropriate.

c. **TIME.** N/R

d. **TRANSITION.** Decelerate to final approach speed of 90 KIAS, Descend as required, complete Landing Checklist.

e. **TWIST.** Set desired course in HSI/CDI and ensure appropriate mode (OBS/LEG) on GPS panel. Check that GPS has sequenced to next WPT.

f. **TALK.** Make voice report as required.

g. Execute approach as depicted on the approach plate, make voice reports as directed, and proceed to map.

3. At each waypoint: (6 Ts)

a. **TIME.** N/R

b. **TURN.** Turn as required, to intercept subsequent legs of the approach.

c. **TIME.** N/R

d. **TRANSITION.** Descend to next intermediate altitude or MDA as applicable.

e. Review landing checklist complete (give consideration to lighting configuration inside FAF).

f. **TWIST.** Set desired course in HSI/CDI, ensure leg mode (when inbound to FAF), check that GPS has sequenced to next WPT on approach.

4-30 RADIO INSTRUMENTS
g. **TALK.** Make voice report as required/directed.

**Crew Resource Management**

1. PNAC reviews and sets up NAVAIDs for IAP. (Situational Awareness)
2. PNAC gives Approach Brief. (Communication)
3. PAC/PNAC asks controller for clarification of instructions (as needed). (Assertiveness)
4. PNAC ensures lookout doctrine is maintained and reports “airport in sight.” (Situational Awareness)
5. PAC ensures Landing Checklist complete. (Situational Awareness)
6. PAC confirms landing clearance. (Communication)

**Amplification and Technique**

1. The approach to be executed must be entered into the active flight plan by selecting from the list of available approaches in the GPS Airport database (only one approach can be entered into the active FPL at a time).
2. GPS panel must be in the OBS mode for procedure turns, holding patterns and RVFAC until inbound on a portion of the approach when LEG mode should be selected (TWIST HSI/CDI to appropriate course and ensure GPS is in LEG mode).
3. If being radar vectored to final, use OBS mode until established on the approach course then switch to the LEG prior to arriving at the FAF.
4. During vectors to final it is imperative the pilot stays oriented so the next WPT the aircraft will fly to on the approach is the active WPT after intercepting final.
5. If holding at a WPT remain in OBS mode. When cleared for the approach and inbound to the WPT, switch to LEG mode in order to enable the GPS unit to sequence through the waypoints that constitute the approach.

**NOTE**

If executing a procedure turn following holding remain in OBS until procedure turn inbound.

6. When switching from OBS to LEG mode and vice versa always ensure you are inbound to the desired WPT.

**NOTE**

Switching modes sometimes causes the KLN-900 to cycle to the next WPT in the approach sequence.
7. Prior to 2 NM from FAF ensure GPS is in LEG mode. If GPS does not cycle to ACTIVE mode (ACTV) automatically, do not continue to MDA and contact ATC with intentions.

**Common Errors and Safety Notes**

1. When being radar vectored to final HSI/CDI should remain in OBS mode. If LEG is selected, the course from the aircraft to the active WPT will be locked into the HSI/CDI and may not be the FAC.

2. Receiver Autonomous Integrity Monitoring (RAIM) must be available to commence a GPS approach. A flashing Message indicator may be an indication of RAIM non-availability.

**NOTE**

DME will always count down to the active waypoint when inbound on approach.

4. The GPS unit will not automatically sequence to any waypoints required for a missed approach procedure. Automatic sequencing will cease at the MAP. If a missed approach is required, the pilot must manually sequence the unit to the missed approach WPT (Simply press the "direct to" key followed by the "enter" key, the default WPT will be the missed approach WPT following an approach that terminates at the MAP).

5. Not switching from OBS to LEG prior to FAF.

6. Not ensuring approach is armed within 30 NM of airfield.

7. Not ensuring approach is ACTIVE at FAF.

8. Mistaking CDI/HSI scale change, (Enroute to ARM to ACTV) for actual deviations and subsequently making unneeded or unnecessarily large corrections.

**418. TERMINAL PROCEDURES**

**Maneuver Description and Application**

Reference: Course training standards. Terminal procedures are those tasks that should be accomplished and/or reviewed for preparation for entering the landing environment and continuing on with ground operations.

**Procedures**

1. **IFR:** When departing the MDA/DH on a visual glidepath to the landing environment. **VFR:** At the termination of VFR NAV and commencement of ground operations.

   a. Establish proper communication and comply with appropriate ATC instructions in a timely manner.
b. Once VMC, maintain a safe visual glidepath to the landing environment and allow for safe visual maneuvering to land.

c. Follow visual approach guidance as appropriate, i.e., VASI, PAPI, etc.

d. If VASI/PAPI does not apply, maintain helicopter in a safe profile to either the runway threshold or short final for an appropriate helipad.

**Crew Resource Management**

PAC calls for the PNAC to review terminal procedures and verbalize those procedures to the PAC. (Situational Awareness, Assertiveness)

**Amplification and Technique**

1. To preclude getting busy in the terminal environment, when enroute within 20 NM of your destination cover terminal procedures as appropriate.

2. The best course of action is to utilize the appropriate approach plate and refer to the diagram of the landing environment, of which include all appropriate ground frequencies.

3. Whatever technique you use come up with a plan that keeps everyone in the cockpit oriented to all aspects of the flight.

**Common Errors and Safety Notes**

1. SMA waits too long to initiate terminal procedures, and finds that SMA gets too far behind the power curve to even start the procedures.

2. SMA tries to initiate terminal procedures late in the approach and finds that airwork begins to suffer, due to overtasking.

3. Lack of proper procedure could cause SMA to fly or taxi into an area that may not be authorized due to an unsafe situation etc.

**419. DEPARTURE PROCEDURES**

General: While established in a climb and prior to leveling off at your desired altitude, heading and airspeed, comply with all appropriate departure, SID, or ATC instructions.
CHAPTER FIVE
DAY NAVIGATION STAGE

500. INTRODUCTION

One enjoyable phase of your training will be the opportunity to experience VFR cross-country flights. These flights are conducted to familiarize the pilot with techniques and procedures of helicopter dead reckoning (D/R) navigation and pilotage.

501. GENERAL

D/R navigation is the method for determining position by means of a heading indicator and calculations based on speed, elapsed time, wind effect, and direction flown from a known position. Pilotage is a method of determining a position over the ground using map-to-ground orientation. It is a good crosscheck of D/R navigation.

D/R navigation is used operationally to crosscheck avionics, for primary navigation in underdeveloped areas lacking navigation aids, and when the tactical situation dictates NOE flying.

Crew Resource Management

1. PAC verbally describes topography and landmarks while on route. (Communication)
2. PNAC performs “Groundspeed/Fuel Checks.” (Situational Awareness)
3. PNAC properly performs navigation and CP procedures. (Mission Analysis)
4. PNAC provides position updates to PAC while on route. (Communication)

502. PREPARATION FOR FLIGHT

In preparation for the flight the pilot will perform the following tasks:

1. Attend the appropriate phase lecture.

2. Check out a fuel packet, survival vest, flashlight, emergency radio, navigation charts and publications. A navigation computer should also be taken.

3. The route of flight should be drawn out on the sectional chart. The flight path should be relatively straight, using prominent landmarks as fixes when changing direction and for time distance checks. The pilot should be familiar with all the markings on the sectional chart, minimum enroute altitudes, airspace information, and general VFR procedures.

4. Two complete flight logs should be prepared, allowing for magnetic variance and the winds aloft, after a current weather brief.
5. Two copies of the DD 175 VFR flight plan will be completed.

6. The weather must be forecast to be VFR for the entire route for the duration, plus or minus one hour. The SMA will personally obtain a weather brief and complete two copies of the DD 175-1.

7. Time distance checks should be made at each CP and fuel checks computed at least once on each leg of the flight.

8. The directional gyro compass on the Bravo 161XXX series aircraft does not contain a flux gate and must be reset periodically for accurate indications.

503. DAY NAVIGATION SOLO GUIDELINES

Preflight Preparation

Plan for cruise airspeed to be between 90 and 100 KIAS.

FDO/ODO Brief and flight plan/Weather Brief approval

Submit a copy of the DD 175 (Flight Plan, DD 175-1 (Weather Brief)) to the FDO/ODO for their review and approval. Retain a copy of these items and place them in your flight suit. Listen intently to the FDO/ODO's instructions and if you have any questions, DO NOT HESITATE TO ASK! If you are confused about the NOTAM abbreviations, ask the FDO/ODO before you file and fly to a closed airport!

Prior to Leaving the Squadron Spaces

Ensure you have:

1. Fuel Packet

2. Appropriate publications for route of flight (i.e., IFR SUPPLEMENT and VFR SECTIONAL/SECTIONALS.)

3. NATOPS

4. Flight Plan/Weather Brief/Flight Logs

5. Checked NOTAMS (PPR number, if required)

6. Received FDO/ODO Brief

7. FTI

8. Wallet/ID Card

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Paraloft

Check out appropriate flight equipment for route of flight.

Aircraft issue

Ensure your aircraft has no downing discrepancies against the transponder or numerous repeat gripes against the UHF radio. If so, advise the FDO/ODO, and another aircraft will be issued. These items are important to you in the event an actual emergency occurs. In addition, advise the Maintenance Control representative to place ground handling wheels and a jacking bar in your aircraft's baggage compartment. The SMA pilot will sign for the aircraft. Whoever is functioning as the pilot, will sit in the right seat, start the aircraft, take off, and land.

Preflight

Check the baggage compartment to ensure the ground handling wheels (one with green support and one with a red support) and a jacking bar, are there and secured properly.

Prior to Takeoff

Call out with the FDO/ODO on squadron common and if applicable, call WHITING METRO, and extend your DD 175-1 VOID time if your actual takeoff time will be greater than 30 minutes after your proposed takeoff time. As a matter of courtesy, have your weather brief number readily available.

Turn your position lights STEADY BRIGHT and inform ground of your intention to taxi by saying, "South Whiting Ground, (call sign), solo, taxi, VFR, (destination)."

Weather Criteria

DAY NAVIGATION SOLO weather criteria 1500 (ceiling)/3 (visibility). This applies to your home field, enroute, and destination forecast. If the weather forecaster suggests an alternate to you, advise the FDO/ODO immediately. If your enroute weather deteriorates below 1500/3 because of an isolated thundershower or smoke, you may circumnavigate that area and continue on course. However, at no time will you lose basic VFR minimums of 1000/3 while circumnavigating these areas. If you are unable to remain 1500/3 continuously or circumnavigate isolated weather, return to the last airport from which you took off. Advise FSS of your intentions so that they may inform your destination of your decision to turn around. Under no circumstances will you operate the aircraft below 1000/3 (VFR minimums). Special VFR minimums with which you are familiar only pertain to the Whiting Field Control Zone.

Enroute Procedures

Monitor squadron common within 40 miles of home field if not already assigned a frequency on UHF. If you are going to TYNDALL via the beach, this will not apply since you will be under radar contact/positive control by Eglin approach. At other times, monitor FSS.
If you are transiting along the beach, do not fly or be vectored more than \( \frac{1}{2} \) mile (autorotative glide distance) from the beach. When transiting over open areas of water, always pick the shortest distance from land mass to land mass.

At no time will you descend below 1000 feet (unless under positive control or preparing to land). **DO NOT FLAT HAT!** Remember, when dealing with controllers, tell them who you are, where you are, and what your intentions are. If you do not understand something you are told, **ASK** for clarification.

**Enroute Emergency Procedures**

During the preflight brief with your co-pilot, clearly delineate the duties each of you will perform in the event of an actual emergency. A vast majority of the actual emergencies encountered by DAY NAVIGATION SOLO SMA's are single instrument indications or caution lights.

**WARNING**

Do not enter an autorotation for a single instrument indication or caution light. Ensure the twist grip is in the full open position throughout the entire approach.

Listed below are the duties the pilot/copilot perform:

1. **Pilot duties:**
   a. First and foremost - FLY THE AIRCRAFT.
   b. Advise copilot of your intentions (degree of urgency in landing and choice of landing site).
   c. **COMMUNICATE!**
      Communicate with your copilot. Plan the final approach into the wind whenever practical. If landing near populated areas, be especially vigilant for power lines or telephone lines on final.

2. **Copilot Duties:**
   a. Switch UHF to GUARD XMIT.
   b. Squawk 7700.
   c. Broadcast appropriate emergency call.
   d. Perform LANDING CHECKLIST.

5-4 **DAY NAVIGATION STAGE**
e. Assist pilot as requested and ensure NATOPS procedures are followed/performe.

3. In the event an actual emergency occurs, regardless of where you are on your route of flight, switch to GUARD XMIT on the UHF, squawk 7700, and broadcast, "PAN, PAN, PAN, (or MAYDAY if applicable), (CALL SIGN), (position), (intentions and nature of emergency), will report safe on deck." For example:

"PAN, PAN, PAN, (CALL SIGN), 2 miles north of Barin Field, landing with an engine chip light, will report safe on deck."

"PAN, PAN, PAN, (CALL SIGN), 4 miles northeast of Evergreen over I-65, landing with fluctuating engine oil pressure, will report safe on deck."

Listen for interrogations by ground stations or other aircraft and answer their questions, time permitting.

Perform a LANDING CHECKLIST and specifically note the position of the TWIST GRIP.

If the emergency is other than a single instrument indication or caution light, utilize the NATOPS CHECKLIST and review the procedures with the pilot. Ensure they are done correctly.

4. After the rotors have come to a complete stop:

Exit the aircraft and turn the blade clockwise for two complete revolutions. Tie down the blade and perform a post flight inspection. Disconnect the battery and install the engine inlet/exhaust bags (if in the aircraft). Leave one person with the aircraft, while the other goes to contact the squadron by telephone.

This discussion cannot cover every possible emergency situation, and as such, LOST COMMUNICATIONS or LAND AS SOON AS PRACTICABLE emergencies are left up to the pilot's headwork and common sense. Under no circumstance should you attempt to return to home field if your fuel state is below 45 gallons.

At Destination

Before landing, ensure you know the wind direction. Do not let the transient line personnel land you more than 45º out of the wind line. After shutdown, perform a good postflight, turn the blade two times clockwise, tie down the rotor blade, and secure all your panels, windows, and doors.
Refueling

At the Air Force bases we visit, prompt refueling is always available. At the most, your aircraft should take 40 gallons. Ensure you get your credit card back and a copy of the receipt marked "CUSTOMER." Note to see if blocks 25 - 29 have been filled in with the "approximate" amount of fuel you expected to receive. Ensure item E is also filled in; cost of fuel per gallon. Visually check your fuel level and ensure the cap is secure. Complete the summary sheet included in each fuel packet after returning to NAS Whiting Field.

Ground Time

Usual time is about one hour. Refresh yourselves at Base Operations and check to see if your return leg is filed. Check with weather to ensure your return leg is still better than 1500/3. No DD 175-1 is required.

1. In the event the aircraft has to be moved, read Chapter 3 of the NATOPS manual (Service and Handling) prior to attempting to manually move or tow the aircraft. Listed below are further directions to safely install and remove the ground handling wheels:

   a. **Ground Handling Wheels Description.** Hand operated ground handling wheels are mounted on each skid tube near the helicopter center of gravity to facilitate helicopter handling or movement. The wheels are retracted and extended manually and are removable. Two, 6 ply, 3.50 X 6, nylon tires and tubes are used on the wheel assemblies.

      **WARNING**

      Maintain a wide stance balance, holding the jacking bar firmly while raising or lowering the handling wheels.

   b. **Removal - Ground Handling Wheels**

      i. Retract wheels and lock in up position.

      ii. Remove quick release pin from skid tube.

      iii. Slide wheel and support assembly forward.

      iv. Install plugs in release pinhole, if provided.

      **NOTE**

      The lock pin must be removed from wheel support assembly before wheels can be retracted or extended. Install lock pin in support to lock wheel in desired position.
c. **Servicing - Ground Handling Wheels**
   
i. Lubricate axle.

   ii. Inflate tires to 75 to 80 psi.

d. **Installation - Ground Handling Wheels**
   
i. Position the support assembly over skid tube with the wheels outboard. Align forward slot of support over the forward mount bolt and slide support aft engaging the art mount bolt.

   ii. Insert quick release pin in skid tube forward of the support assembly. Check security of pin.

2. **Maintenance.** If your aircraft requires fluid servicing, ask the transient personnel to provide:

   - MIL-L-23699 Engine, transmission, or tail rotor gearbox
   - MIL-H-83282A Hydraulic

   Consult your NATOPS for NATO compatible numbers if required.

   **MIL-L-7808 MAY NOT BE MIXED WITH MIL-L-23699.** MIL-H-5606 may be mixed with MIL-H-83282A if it is the only hydraulic fluid available. Be sure to call the FDO/ODO prior to adding an oil/fluid, which is not MIL-L-23699 or MIL-H-83282A.

If any other problems are encountered, call the FDO/ODO from BASE OPERATIONS.

**Preparing for Start**

Ensure the grounding wire has been removed from your aircraft. Ensure all your panels are closed and servicing caps secured. **THE TRANSIENT PERSONNEL WILL NOT DO A WALK AROUND INSPECTION OF YOUR AIRCRAFT!**

**Upon Return**

Close out your yellow sheet, dividing the flight time as necessary between first pilot time and copilot time. Return all items you checked out. If you encountered any unusual circumstances during the flight, please debrief them with the CDO/ODO.
Restrictions

Solo SMA's are specifically prohibited from performing running landings, full autorotation, simulated engine failures, boost-off flight, simulated tail rotor malfunctions, 180º autorotations, no-hover landings, simulated emergencies, maximum load takeoffs, and the carrying of passengers.
CHAPTER SIX
AIRWAYS NAVIGATION STAGE

600. INTRODUCTION

Airways navigation is used extensively in cross-country flying under both IFR and VFR conditions. In airways navigation, the pilot combines and utilizes skills of instrument flying to accomplish a cross-country flight. The safety and efficiency of this flight depends largely on the quality of preflight planning.

601. FLIGHT EXECUTION

Maneuver Description and Application

[(NIFM Part VI (Instrument Flight), Flight Information Publications (FLIP), IFR Supplement, Terminal Charts (Approach Plates), Enroute Charts, AIM.).]

Pilots must develop a thorough knowledge and understanding of flight information documents and radio aids to navigation in order to conduct a cross-country navigational flight safely and accurately. It is extremely important to be prepared to cope with unforeseen situations in flight such as lost communications and emergencies. Flight planning information publications are subject to change. This section reviews flight planning methods and discusses enroute procedures. It is the pilot's responsibility to consult the appropriate FLIP publications and NATOPS manuals for specific performance, flight planning, and enroute information. Review applicable publications frequently to make sure you are familiar with the latest current information available.

Amplification and Technique

1. Check the FLIP IFR Supplement to determine the suitability of the destination airfield.

2. Make maximum use of all the references and forms to complete your planning.

3. Once the destination airport has been selected and the appropriate preflight planning publications have been obtained, the pilot should accomplish the following:
   
a. Determine the route of flight.

b. Complete a fuel planning worksheet and helo logs. It will be necessary to obtain a preliminary weather briefing including winds and temperature to determine fuel consumption values and recommended airspeeds for long-range cruise speed.

c. Complete DD 175.

d. Obtain formal weather brief (Form DD 175-1) and check the NOTAMS.
e. Ensure the Pilot-In-Command (PIC) has signed the flight plan and has checked the fuel planning worksheet, helo logs, and DD 175 for corrections.

f. File the flight plan with the ODO or with the nearest FSS, whichever is applicable.

g. Obtain fuel packet and survival gear.

4. Once the preflight planning is complete and the flight plan filed, the pilot should be ready for takeoff at the time proposed on SMA’s flight plan.

5. Prior to takeoff, the pilot must:

   a. Obtain ATIS information.

   b. Put IFR clearance on request through clearance delivery/ground.

   c. Copy the clearance.

   d. Call for taxi clearance.

   e. Complete the instrument checklist prior to takeoff.

   f. Obtain release instructions/takeoff clearance.

   g. Switch to departure control frequency as directed by tower.

   h. Squawk the correct transponder code assigned by ATC.

   i. Note takeoff time and fuel on the helo logs.

6. After the climbout is complete and the aircraft is at assigned altitude, the pilot or copilot should:

   a. Accomplish the Level off Checklist.

   b. Complete the estimated fuel remaining and ETA portion of the helo logs.

   c. Make fuel consumption checks.

   d. Make groundspeed checks.

   e. Recheck destination and alternate weather using Metro or other facilities.

   f. Conform to appropriate enroute and approach procedures as defined in FLIP General Planning Section, NIFM, AIM, and this FTI.
7. Prior to reaching the terminal area, the pilot should review the appropriate approach and brief the copilot. Controllers normally try to expedite the flow of air traffic in the terminal area and the pilot needs to be prepared.

8. When ATIS is not available, request the terminal weather, altimeter, and duty runway (WAR) as soon as you are talking to the controlling agency that can provide the information. Plan the WNTB sequence early.

**Common Errors and Safety Notes**

1. Be thoroughly familiar with NATOPS and FLIP publications.

2. Poorly planned helo logs can lead to an emergency fuel situation even with the planned 20 minute reserve. A properly filled out helo log can save the pilot much time and effort in flight. Helo logs shall be completely filled prior to flight.

3. Utilize all available navigational aids. There are many LF/ADF stations along the route of flight that may be used as alternate navigational aids.

4. Be prepared to execute an instrument approach at any airport along your route of flight in the event an emergency may dictate you land as soon as possible.

5. Utilize your copilot. Good CRM saves time and duplicated effort.

6. Always advise ATC of any serious malfunctions in the navigational equipment or aircraft instruments.

7. Always confirm any clearance or amendment to a clearance from ATC if there is any question.

8. Prior to operating in and around civilian airfields, SMA's should review Section 157 in the FAR concerning traffic advisory practices at airports without operating control towers.

9. There is no such thing as too much flight planning.

**602. GROUNDSPEED CHECK**

**Checks**

Compute groundspeed checks each leg to gain a sense of your actual progress across the ground. This will aid in updating your fuel planning and arrival times.

**Technique**

1. Establish yourself on a track directly to or from a TACAN/VORTAC.
2. Start the clock and note the DME.

3. After six minutes check DME and multiply by ten. This will be your groundspeed. (Other timing lengths can be used, but six minutes makes computation simple and allows for the groundspeed check to be paired with an initial six minute fuel consumption check).

603. FUEL CONSUMPTION CHECK

Checks

Fuel consumption checks are made so the actual inflight fuel burn rate can be verified. Also, this check, when paired with information garnered from the groundspeed check, provides a real-time picture of your fuel endurance with reference to your intended destination. Vectors and delays might upset your planned fuel figures. Bear in mind your fuel gauge is not calibrated nor is it marked for easy computation. Therefore, the pilot will need to extrapolate his figures and update his checks regularly for a clearer idea of his fuel burn rate.

Technique

1. Start the clock and check fuel quantity.

2. Check after six minutes and multiply by ten for initial ballpark check (should be between two and four gallons). This check will only let you know if you have obvious problems with fuel flow.

3. Check after 24 more minutes (30 minutes elapsed) and multiply by two.

4. Recheck every 30 minutes thereafter.
### CHAPTER SEVEN

#### PREFLIGHT PLANNING

**700. CHART PREPARATION**

1. The 1:250,000 Pensacola JOG Air (1501 AIR, Sheet NH-16-5) shall be used for enroute navigation to and from all Low-Level Navigation routes. Prior to use, the JOG Air shall be updated in accordance with the NGA Chart Updating Manual, or any other current and available chart updating reference (e.g., Falcon Views Electronic Chart Updating Manual (ECHUM)).

2. CPs shall be circled with a thin black marker and connected together with a solid black line. Beside each CP shall be the CP number and description. Optional tick marks may be used along each leg marking one or two minute increments (dependent upon the scale). Doghouses shall be used, if space on the chart allows, depicting heading, leg time, total time, and distance (Figure 7-1). Where doghouses are impractical, headings and leg time shall be depicted with the CPs and route lines on the JOG Air when flying to the Orange or Purple routes. When needed, Map Changeover Points shall be marked as a Checkpoint and annotated MCP. Updated power lines and towers within 5 miles of the route shall be traced over in red on JOG Air, and 1:50,000.

![Figure 7-1 Chart Preparation](image)

### 701. FUEL PLANNING

Aircrew shall plan to complete all flights and land at their destination with a minimum of 10 gallons plus 10% of planned fuel requirements or 20 minutes of flight for reserve, whichever is greater. In accordance with NATOPS, aircraft shall be on deck with no less than 10 gallons. Bingo can be viewed as a fuel level or point when an aircraft has just enough fuel (plus NATOPS minimum) to make it to the closest available fuel source. If a bingo is required for any navigation flight (i.e., low-level, NVG, unaided night, or formation route), the crew shall
calculate a bingo utilizing a conservative fuel flow (30 gallons/hr). For example, a time-distance calculation from the farthest point to that closest fuel source is determined to be 6 gallons. Now you must add that amount to 10 gallons, creating a bingo fuel of 16 gallons. Bingo fuel is often necessary in fleet missions, but we do not expect to get close to bingo fuel during any syllabus event.
APPENDIX A
GLOSSARY OF TERMS

A100. GLOSSARY - N/A