

# Updating Service member's Group Life Insurance (SGLI) and Family SGLI (FSGLI)

Your SGLI/FSGLI should be certified/updated when checking into a new command or at a minimum of once per year.

## Instructions:

- Head to <https://milconnect.dmdc.osd.mil/milconnect/>
- Sign in (easiest to use CAC Login)
- Go to Benefits, Life Insurance SOES-SGLI Online Enrollment System.
- Check your coverage and beneficiary information and make any needed updates.

## \*If you need to print the Certificate of Coverage:

- Go to the “print/save certificate” tab to the right of your coverage
- Select “Certificate of Coverage” as the document
- Print, email, or save the document pop-up