



Welcome to the VT-4 Warbucks Family!

I am your Navy Family Ombudsman for VT-4. I have been a military spouse for over ten years and have encountered many of the unique challenges that come with being part of a Navy family. If you are not familiar with the Ombudsman program, the Ombudsman is designated by your Commanding Officer to serve as a communication link between the command leadership and the command family in addition to being a trained Information and Referral Specialist. Ombudsmen are advocates ready to support, direct, and empower you and/or your family with all available resources.

While serving in the role as Ombudsman, I am committed to supporting our command's mission. As Ombudsman, I am expected to follow guidelines of confidentiality as required by the Privacy Act and the Navy Family Ombudsman Program Manual. If you have additional family members with whom you would like to share Command information please include them and I will be happy to add them in my distribution list so that they will receive updates and messages.

I am honored to be your Ombudsman. Please do not hesitate to contact me. If I am unable to answer my phone I will return your call within 24 hours. I can be reached via phone or email. I am available 24 hours a day for any emergencies or support you may need. My phone number and email information is included below. I look forward to meeting you at future command functions and providing assistance as needed during your time as a Warbuck!

Kelley Theriot

VT-4 Ombudsman

(619)384-8302

vt4omb@gmail.com