

201. AIRCREW REST/SCHEDULING REQUIREMENTS

- a) Instructor Crew Day. The crew day begins upon arrival for official business and should not exceed 12 hours. The squadron CO may waive the instructor crew day to a maximum of 18 hours on a case-by-case basis. CTW-6 shall be notified anytime an instructor's crew day exceeds 12 hours.
- b) Student Crew Day. The student's workday from first scheduled event or official duty of the day until completion of the last event of the day, including associated paperwork and debrief, shall not exceed 12 hours. In specific cases where a student and instructor have been delayed away from home station due to weather, aircraft maintenance, etc., the squadron CO may waive the student crew day to a maximum of 18 hours to ferry aircraft. In this situation, no syllabus events may be conducted. CTW-6 shall be notified anytime a student's crew day exceeds 12 hours.
- c) Crew Rest. Twelve hours of continuous crew rest shall be afforded prior to commencement of crew day. The squadron CO may waive an instructor's crew rest down to ten hours on a case-by case basis due to squadron requirements.

207. CREW REST POLICY

- a) Aircrews shall be familiar with the policies outlined in the CTW- 6 SOP. Crew rest does not begin until the completion of all required duties at CTW-6, to include PM ASDO and the JMPS lab. Breaches in crew rest by a student may result in counseling for unprofessional behavior. If there is any doubt about complying with crew rest, the student must inform their instructor, class advisor, or SDO.

*****IF YOU BREAK CREW REST, YOU WILL RECEIVE A READY ROOM UNSAT*****